



2023

ANNUAL REPORT



HOSPITALS OF REGINA®
FOUNDATION

Better lives. Made possible by you.

OUR MISSION

In collaboration with our partners Hospitals of Regina Foundation raises funds to improve health care for the residents of southern Saskatchewan.

OUR VISION

To have meaningful impact on the health of our southern Saskatchewan community.

OUR VALUES

Donor-Centricity

Gratitude

Trustworthiness

Forward Thinking

Focus on Excellence

Integrity

Working in Partnership

TOP 5 REASONS DONORS SUPPORT HOSPITALS OF REGINA FOUNDATION

- 1 Their family and/or friends are affected
- 2 They believe in supporting a good cause
- 3 They want to help people
- 4 They want to give back to the community
- 5 They believe it is the right thing to do

“We owe a debt of gratitude to all our donors and supporters who partnered with our small but devoted staff team to help us raise the necessary funds for the priorities we committed to support in 2023. We are also thankful for our volunteers, both in community projects and events supporting our work and on our volunteer board of directors. The Foundation remains an extension of your dedication to our collective local health care. Your continued commitment and support allows us to deliver on our common objective of making lives better for everyone in southern Saskatchewan, right here at home. Thank you.”

Jordan Hardy
Chair, Board of Directors

Dino Sophocleous
President & CEO



Notwithstanding the economic challenges we all continue to face, 2023 was a great year for Hospitals of Regina Foundation. While inflationary pressures and uncertain economic conditions remained a concern, our team was steadfast in its focus on our vision, as newly defined in our 2023 strategic plan: "... to have meaningful impact on the health of our southern Saskatchewan community". This speaks to our promise of the best health care possible for everyone, and especially for our children, that we made to this community 36 years ago.

True to this undertaking, we committed \$6.8 million in support of health care priorities in 2023, which saw both the completion and launch of transformational projects in Regina.

The renewal and technological upgrade of all eighteen operating rooms in Regina was completed in 2023, at a final investment that exceeded \$3 million and resulted in an additional two new surgical suites, for a total of twenty. Moreover, we invested \$800,000 in a state-of-the-art neurosurgical microscope to help our neurosurgeons perform complex brain and upper spine surgeries with high precision.

We also invested over \$800,000 in pediatrics, in support of our inpatient unit at the Regina General, our Neonatal Unit at the Rawlco Centre for Mother Baby Care, and the Children's Program at the Wascana Rehabilitation Centre.

Additional investments included \$550,000 for the expansion of the Trauma Burn Unit at the Regina General, \$350,000 in our Mosaic Heart Centre, and \$150,000 for the new Acesa surgical system, to enable our teams to help female patients by removing painful fibroids through a minimally invasive procedure.

Marking our new partnership with the College of Medicine at the University of Saskatchewan, was a \$200,000 matching investment in the expansion of the Regina Campus, at the Regina General Hospital. This supported the creation of a new anatomy lab and teaching space to accommodate an expansion of their MD program to include first year medical students in Regina. This new partnership will eventually allow us to retain more medical graduates in Regina and southern Saskatchewan.

Finally, we committed over \$2.4 million to provide the equipment and technology for the new Regina Urgent Care Centre. This facility represents the first significant addition to

Regina's health care capacity in over two decades and will offer 24/7 care for people with urgent but non-life-threatening conditions, thus reducing the pressure on our Emergency Departments. Moreover, its dedicated mental health space will serve our community's mental health care needs.

As always, we owe a debt of gratitude to all our donors and supporters who partnered with our small but devoted staff team to help us raise the necessary funds for the priorities we committed to support in 2023. We are also thankful for our volunteers, both in community projects and events supporting our work and on our volunteer board of directors. The Foundation remains an extension of your dedication to our collective local health care. Your continued commitment and support allows us to deliver on our common objective of making lives better for everyone in southern Saskatchewan, right here at home. Thank you.

Jordan Hardy
Chair, Board of Directors

Dino Sophocleous, CFRE
President & CEO

Minister of Health



SASKATCHEWAN

Legislative Building
Regina, Saskatchewan



A Message from the Honourable Everett Hindley Minister of Health

On behalf of the Government of Saskatchewan and the Ministry of Health, I am pleased to extend best wishes to Hospitals of Regina Foundation.

Hospitals of Regina Foundation (HRF) is vital to the health care of southern Saskatchewan, and we are very grateful for the significant contributions it has made to many priority health care initiatives, including:

- \$200,000 invested in the new College of Medicine Anatomy Lab, supporting the expansion of the College of Medicine campus at the Regina General Hospital;
- \$200,000 invested in six-month fellowship programs in Breast Imaging for two practicing Regina radiologists;
- Over \$800,000 invested into several areas of pediatric care; and
- \$2.4 million committed to the new Regina Urgent Care Centre.

I am pleased to recognize these contributions, made by HRF, to the well-being of Saskatchewan people, and we look forward to your involvement in future fundraising campaigns.

Health care foundations across this province play a crucial role in supporting our health care system, and the provincial government is proud to partner with HRF to support investments into existing health care facilities and staffing, and also new and exciting health care programs and services for our residents.

Our government recognizes and values the efforts of Hospitals of Regina Foundation, and I offer my best wishes for your continued success in achieving excellence in all that you do. Thank you for all your hard work.

A handwritten signature in black ink, appearing to read 'Everett Hindley'.

Everett Hindley
Minister of Health



REGINA'S HOSPITALS



REGINA GENERAL HOSPITAL



PASQUA HOSPITAL



WASCANA REHABILITATION CENTRE

On behalf of the Saskatchewan Health Authority (SHA), I would like to extend my sincere gratitude to Hospitals of Regina Foundation for its continued support in the provision of high-quality and timely care in Regina and throughout southern Saskatchewan. It is through the generosity of your donors that we are able to work towards achieving our vision of *Healthy People, Healthy Saskatchewan*.

Hospitals of Regina Foundation contributed over \$6 million to support priority care needs in 2023. The Foundation successfully completed the \$3 million of surgical room upgrades which increased capacity in the form of two new surgical suites for a total of 20 renewed surgical rooms. Upgrades also include new surgical booms, lights, and audio-visual equipment that will support student learning opportunities and consultations with specialist colleagues across the globe.

The Foundation and its donors funded the creation of a Hospice Care Unit at Wascana Rehabilitation Centre. This new six-bed unit and family space was put in place to ensure patients receive the best end-of-life care possible in a

warm and comforting environment, and I want to thank you and your donors for helping make that happen.

Furthermore, the Foundation invested over \$500,000 in high acuity beds for the Trauma Burn Unit at Regina General Hospital, which resulted in the creation of two additional private patient rooms, complete with specialty technology and necessary equipment, expanding the unit to six private patient rooms. This specialized unit treats those in need of advanced trauma care due to burns and frostbite, a condition relatively common during our intense winters that requires specialized care.

The Foundation also invested \$800,000 into a state-of-the-art neurosurgical microscope that will assist surgeons with visualizing fine brain structures and performing complex and delicate procedures with high precision. The microscope will assist in more than 100 different brain or upper spine procedures and treat conditions like aneurysms, blood clots, tumors, or neurological conditions like Parkinson's disease.

Finally, I want to thank you for your incredible contribution of over \$2.4 million for the new Regina Urgent Care Centre. Set to open in 2024, this facility will

significantly improve the patient experience through greater accessibility to 24/7 care in Regina while reducing the strain on Regina General Hospital and Pasqua Hospital Emergency Departments.

Thank you for your ongoing support. With your help, we are providing high quality health services to the people of Regina and southern Saskatchewan.

Andrew Will
Chief Executive Officer
Saskatchewan Health Authority

Partnership with the College of Medicine Advances Health Care for Southern Saskatchewan

Hospitals of Regina Foundation works with many donors and partners across southern Saskatchewan to have a meaningful impact on the health of our community. In the past year, we struck a new, critical partnership with the College of Medicine, at the University of Saskatchewan.

With a large number of physicians exiting the health system across Canada post-pandemic, the need to develop and recruit doctors is increasing throughout the country. The Foundation's partnership with the College of Medicine is part of the solution for Saskatchewan.

Historically, medical students at the University of Saskatchewan were required to take their first year of medical school at the College of Medicine's Saskatoon campus, and then years 2-4 could be completed in Regina. Last year, the College of Medicine's Regina Campus celebrated the grand opening of its new facilities at Regina's General Hospital to accommodate an expansion of their MD program to include first-year students.

Hospitals of Regina Foundation took part in the celebration, thanks to our commitment of a

\$200,000 community matching investment to fund the creation of an anatomy lab and teaching spaces at the Regina General Hospital. The new lab, outfitted with modern anatomy tools, equipment, and information technology, is a crucial resource for training first-year medical students and an important part of the medical school experience. Additional classroom and study spaces have been added to the campus to support the education and training requirements for all four years of the MD program.

Thanks to this new facility, the MD program now accepts, on an annual basis, forty first-year medical students who begin their studies at the Regina campus. The expansion of the program will help retain a greater number of medical school graduates upon completion of the program. The College of Medicine Regina Campus, based at the Regina General Hospital, is typically home to about 160 medical students. It is the first MD program in Canada to be fully delivered in a hospital setting, providing a unique experience for medical graduates and better preparing them to work in a hospital setting.

"We know that training future doctors is more important than ever, and we are grateful to



Students training at the College of Medicine Regina Campus



New Anatomy Lab at the College of Medicine Regina Campus

Hospitals of Regina Foundation for its vision and generous investment in the education of southern Saskatchewan medical students," says Dr. Gill White, Associate Dean, College of Medicine, Regina Campus.

The expansion of the MD program to deliver all four years

in Regina is expected to attract more applicants from southern Saskatchewan and keep them close to home, allowing the health system to retain more physicians in southern Saskatchewan in the future.

Community Partnerships Help Shape the Future of Health Care



Dino Sophocleous, president & CEO, Hospitals of Regina Foundation, Raelynn Nicholson, chair, Kinsmen Foundation and Richard Kies, executive director, Kinsmen Foundation

Dino Sophocleous, president & CEO, Hospitals of Regina Foundation with Betty Knapp, president of the Pasqua Hospital Auxiliary

In the realm of health care, the adage "it takes a village" rings particularly true. At Hospitals of Regina Foundation, we have always understood that the cornerstone of effective and compassionate care is a strong relationship with community organizations and the residents they serve. This bond is evidenced each year through the successes we are able to celebrate with our partners, donors, and the people of southern Saskatchewan. None of our health care investments would be possible without the support of our community.

In 2023, two remarkable contributions have underscored

the indispensable role of community partnerships in advancing health care initiatives.

For over three decades, the volunteer members of the Pasqua Hospital Auxiliary have supported the Foundation and the priority needs of Regina's Pasqua Hospital with gifts totaling more than \$4.7 million. Their most recent generous donation of \$120,000, in support of two Continuous Renal Replacement Therapy (CRRT) systems for the critical care unit at the Pasqua Hospital, is a testament to the power of grassroots initiatives. CRRT is a life-saving therapy for patients with acute kidney injury, assisting their body in removing waste and toxins over a 24-hour period. The Pasqua Hospital

Auxiliary's latest donation not only signifies their unwavering commitment to the well-being of our community, but also serves as a reminder of the profound impact that partnerships can have on health care outcomes.

Since 1984, the Kinsmen Foundation has partnered with Hospitals of Regina Foundation, contributing more than \$2.9 million for the best health care possible for southern Saskatchewan. Their generous donation in 2023 of \$305,250 for the imaging system in Regina's new Urgent Care Centre exemplifies the pivotal role that community organizations play in shaping the future of health care. Regina's Urgent Care Centre will provide 24/7 care to

people who have urgent but non-life-threatening health concerns and require immediate treatment. The Kinsmen Foundation's contribution not only accelerated the realization of this essential facility, but also embodies the spirit and impact of community solidarity.

The Pasqua Hospital Auxiliary and the Kinsmen Foundation represent a collective commitment to the health and well-being of the community at large. By investing in health care initiatives, both large and small, all our community partners share in the Foundation's mission to help deliver the best health care possible for the people of southern Saskatchewan.

Multi-year Surgical Upgrade Campaign Reaches Completion

"THE LASTING IMPACT OF THESE UPGRADES WILL IMPROVE SURGICAL CARE FOR YEARS TO COME AND THE INCREASED CAPACITY, THROUGH OUR TWO NEW OPERATING ROOMS, WILL ALLOW US TO BETTER DEAL WITH THE GROWING SURGICAL NEEDS OF OUR COMMUNITY."

SANDY EUTENEIER,
DIRECTOR, SURGICAL
OPERATIVE CARE FOR
REGINA

Surgery stands as a critical lifeline for people facing traumatic injuries. Regina's hospitals witness an average of five serious trauma cases daily, often requiring one or more surgical interventions. In addition, thousands of people in southern Saskatchewan need surgery for knee and hip replacements, removal of cancerous tumors, heart bypass surgery or simply to repair a broken arm. Last year alone, 28,672 surgical patients relied on these life-saving or life-changing procedures in Regina's hospitals.

In a monumental stride towards enhancing surgical capabilities, and following a successful Surgical Campaign, the Foundation raised the \$3 million required to upgrade and modernize all eighteen existing operating rooms at Regina's General and Pasqua Hospitals. Moreover, two new surgical suites were created, increasing Regina's surgical capacity in order to meet the growing demand for surgical procedures in southern Saskatchewan. This was made possible, in part, thanks to Yara Belle Plaine's generous \$500,000 matching of community donations towards this incredible project.

This multi-year renovation and technology upgrade project was completed in 2023. All operating rooms received lighting upgrades, and the 30 year-old surgical booms were replaced. The newly installed surgical lights and booms not only ensure safer use of medical gases such as anesthesia, nitrogen, oxygen, and carbon dioxide but also optimize the positioning of essential equipment, including surgical monitors and audio-visual data devices. This improved setup and use of space greatly benefits Regina's surgical teams, allowing them to focus on patient care with enhanced precision, safety and effectiveness, during an operation. These upgrades, totaling twenty upgraded operating rooms, signify a



Regina surgeon operating in one of our twenty surgical suites

pivotal advancement in Regina's surgical care.

The completed investments and renovations in our Hospitals' operating rooms extend beyond physical upgrades. The addition of state-of-the-art audio-visual equipment also allows for remote surgical teaching, and enables nationwide and even international collaboration on complex surgical cases. This technology is not only the future of surgery but also improves the training experience for medical students, helping us to attract and retain skilled health care professionals for our hospitals.

Reflecting on the completed renovations, Sandy Euteneier, Director, Surgical Operative Care for Regina, says that "The lasting impact of these upgrades will improve surgical care for years to come and the increased capacity, through our

two new operating rooms, will allow us to better deal with the growing surgical needs of our community. Additionally, the upgraded facilities serve as a magnet for attracting and retaining top-tier medical talent, reinforcing our commitment to providing excellent patient care. This project would not have happened without the Foundation's transformational support!"

The completion of this project underscores the Foundation's vision of having a meaningful impact on the health of our community and, specifically, our efforts to help our hospitals provide timely and improved surgical care to the people of southern Saskatchewan.

Z99 Radiothon and Rawlco Radio Help Save Babies' Lives for 36 Years



"WE'RE SO LUCKY TO HAVE A WORLD-CLASS FACILITY LIKE THE NICU RIGHT HERE IN REGINA. IT'S A RELIEF NOT TO HAVE TO TRAVEL TO ANOTHER CITY OR PROVINCE TO ENSURE OUR BABIES GET THE HELP THEY NEED."

KURTIS ANDERSON

Every year, approximately 500 newborns need the specialized care provided by the medical team in our world-class Neonatal Intensive Care Unit (NICU) in the Rawlco Centre for Mother Baby Care, at Regina's General Hospital.

The numbers of preterm births are rising and Regina's NICU routinely sees babies born as early as 24 weeks, instead of the normal 40 weeks of gestation. As technology in neonatal care continues to advance, premature babies, who typically would not have survived only a few years ago, are now given the chance to not only survive, but thrive in life, thanks to our Regina NICU.

Last year, the Foundation invested in several priority needs

for the NICU, including an aEEG monitor which is used to monitor brain function, including seizures, in neonatal babies. Seizures are a commonly encountered condition in premature babies and may be the first sign of a serious neurological disorder.

Often a symptom of a more serious underlying condition, prolonged and untreated seizures can cause permanent damage due to diminished oxygen flow to the brain and excessive brain cell activity. Consequently, babies experiencing neonatal seizures need rapid, specialized care. However, neonatal seizures can be difficult to detect because they may be short and subtle and the symptoms may mimic normal movements. The aEEG Monitor can detect these "hidden" seizures. This is the second aEEG monitor funded by the Foundation in recent years and demonstrates a growing need for this important technology.

Funding specialized neonatal equipment is a key priority for the Foundation, which typically commits \$500,000 to \$1 million annually to give our NICU the cutting-edge technology it needs to provide the best care possible to babies in southern Saskatchewan. We could not do that without the tremendous support from our donors and partners.

One of our strategic partners in helping save babies' lives every year is the amazing team at Rawlco Radio. They have hosted the Z99 Radiothon for the past 36 years and raised close to \$11 million to date. This is a major community fundraising event embraced by people in Regina and southern Saskatchewan who provide their support through donations and share stories of how our NICU has impacted their lives.

Laurie Dimond and Kurtis Anderson know all about the impact Regina's NICU has on southern Saskatchewan families. Their tiny premature baby boy, Kasper, spent the first 70 days of his life under the watchful eyes of our NICU medical team. Part-way through her second trimester, Laurie developed a severe case of preeclampsia which can lead to serious - even fatal - complications for both mother and baby. The decision was made to deliver Kasper early and he was born at 27 weeks, weighing only 11lb 10oz. Having been born so prematurely, Kasper's lungs were not yet fully developed and he needed help breathing. Additionally, he also needed help growing strong enough to go home with his parents, but thanks to the incredible care he received, Kasper is now thriving as a happy, healthy toddler.

"We're so lucky to have a world-class facility like the NICU right here in Regina," Kurtis observes. "It's a relief not to have to travel to another city or province to ensure our babies get the help they need."

We are deeply grateful to the Z99 Radiothon, Cassity, Wheels, the team at Rawlco Radio, and our generous southern Saskatchewan community for helping the Foundation make our NICU a centre-of-excellence and one of the best in Canada.



Baby Kasper Anderson



A neurosurgical microscope in use

Regina's Neurosurgeons Receive New \$800,000 Surgical Microscope

Neurosurgery is a highly complex medical subspecialty that addresses the surgical needs of patients with conditions affecting the brain, spinal cord, and nervous system. In Regina, we are fortunate to have the expertise of four highly skilled neurosurgeons providing outstanding care to our southern Saskatchewan community.

Due to the delicate nature of the brain and nervous system, where even a minor error during surgery can have profound and irreversible consequences, it is essential our neurosurgeons have access to the best technology possible.

In 2023, Hospitals of Regina Foundation invested \$800,000 in a new state-of-the-art neurosurgical microscope, a

specialized instrument used by neurosurgeons to see the surgical area with amplified clarity and detail. Neurosurgeons operate in deep and narrow cavities and need the neurosurgical microscope to magnify and illuminate the delicate structures of the brain and nervous system to allow them to perform intricate procedures with high precision and accuracy.

Each year, at least 100 people in our southern Saskatchewan community require the expertise of our neurosurgeons for brain or upper spine surgery, to treat conditions like aneurysms (an abnormal swelling or bulge in the wall of a blood vessel), epilepsy, blood clots, arteriovenous malformations (when a group of blood vessels in the brain forms incorrectly), neurological conditions like Parkinson's Disease, or remove

tumors. By providing high-resolution imaging, the neurosurgical microscope will also benefit patients needing upper cervical spine surgery for a procedure during which the surgeon delicately removes a disc between two vertebrae in the neck and fuses the bones together using extreme precision.

The high-resolution images produced by the neurosurgical microscope will help our surgeons navigate around critical areas such as blood vessels and nerves, and perform minimally invasive techniques with enhanced precision, fewer incisions, and less impact on surrounding tissue, resulting in better recovery for patients.

The funding of the neurosurgical microscope is another example of the Foundation's ongoing commitment to help deliver the

best surgical care in Regina's hospitals for our southern Saskatchewan community. With its advanced capabilities, this specialized device not only elevates the precision and efficiency of neurosurgical interventions but also enhances the quality of life for patients, helping them live better lives.

EACH YEAR, AT LEAST 100 PEOPLE IN OUR SOUTHERN SASKATCHEWAN COMMUNITY REQUIRE THE EXPERTISE OF OUR NEUROSURGEONS FOR BRAIN OR UPPER SPINE SURGERY.

New Clinical Fellowship In Neuro Spine Surgery Established at Regina's General Hospital



Dr. Chris Ekong, M.D., F.R.C.S.C., Retired

In 2023, thanks to the generosity of Dr. Chris Ekong and the C & J Ekong Charitable Foundation, a new ten-year, \$500,000 clinical fellowship program was established through Hospitals of Regina Foundation, within the Division of Neurosurgery at the Regina General Hospital, and in partnership with the College of Medicine, at the University of Saskatchewan.

The *Dr. Chris Ekong Neuro Spine Fellowship* will offer ten

one-year intensive clinical fellowships in the Division of Neurosurgery, at the Regina General Hospital. A clinical fellowship is ordinarily a one to three-year educational experience for doctors who have already successfully obtained specialty or subspecialty certification in their discipline. Through this new fellowship program, Regina's Neurosurgery Division will accept one neurosurgeon annually to be trained to become a neuro spine surgical specialist. Faculty support for

this program, and the Fellows, will be provided by Regina's four neurosurgeons and two orthopedic spine surgeons.

Once a Fellow has completed the program, he or she will have developed expertise in diagnosing, treating, and managing a wide range of spinal conditions, including degenerative spine disease, spinal deformities, spinal cord injuries, spinal tumours, and spinal trauma.

During their training, the Fellow will be responsible for emergency and inpatient care, as well as consultation and follow-up on post-surgical patients at the Regina General Hospital. In addition, the Fellow will teach and mentor medical students and residents, supporting the efforts of the College of Medicine Regina Campus to enhance student educational experiences.

While the College of Medicine implements strategies to increase the numbers of doctors it will train through its MD program, it is also essential to attract, train and retain talented sub-specialists to our province.

New clinical Fellowship programs, like the *Dr. Chris Ekong Neuro Spine Fellowship*,

will enable Saskatchewan to become a desirable location to train for medical sub-specialities, and will help retain those highly skilled physicians in the province to provide the best care possible to our community.

Dr. Chris Ekong, a generous and long time partner to the Foundation, has been a steadfast advocate for clinical training and practicing in Regina. Dr. Ekong completed his medical degree at the University of Ibadan, in Nigeria, in 1972 and joined the former Regina Qu'Appelle Health Region in 1982. He has served as a Clinical Professor of Surgery (Neurosurgery) at the University of Saskatchewan where he taught both medical students and residents. In 1996, he established the Medi-Fax Neurosurgical Internet Rounds series which brought together neurosurgeons from all across Canada and the United States to discuss complex cases, challenges, and ideas, and vaulted Saskatchewan neurosurgery to greater national recognition. Dr. Ekong retired in 2019, but continues to believe in and support the Division of Neurosurgery in Regina's General Hospital.

Legacy Giving

Leaving a Lasting Impact



Harold and Jeanette Howard

At its heart, legacy giving represents a commitment to shaping the future, leaving behind a legacy, and making an impact far beyond our years. It is an act of compassion, generosity, and foresight that recognizes the value of investing in the well-being of future generations, and ensuring that our community continues to thrive long after we are gone. With many different ways for people to include charities in their legacy plans, while still providing for loved ones and family, legacy giving has proven to

be an invaluable investment in the future.

To see the impact of legacy giving in action, one only needs to look at the commitment from Harold and Jeanette Howard. Committed supporters of the Foundation for over two decades, Harold and Jeanette are shining examples of forward-thinking for the health care of our community. Their recent estate contribution, which came to fruition in 2023, of nearly \$950,000 echoes their unwavering commitment to improving lives for the people of southern Saskatchewan. Their

legacy gift serves as a testament to the power of philanthropy and the difference legacy giving can make in the lives of others.

Before his passing, Harold explained why leaving a legacy gift was important to both him and Jeanette. "Before Jeanette passed away, we made the decision to leave a legacy gift in our will," Harold said. "We wanted to express our thanks for the excellent care we've received over the years, and give back so that other people in the community can be helped in the future. This is also my way of keeping her memory alive."

The Howards were not alone in their commitment to legacy giving. In fact, they were part of a growing community of donors who understand the importance of investing in the health and well-being of future generations. In the past five years alone, legacy donors in our community have contributed, on average, an incredible \$2.2 million each year, towards the Foundation's investments in health care initiatives.

These contributions provide essential support for a wide range of programs and services, from cutting-edge medical research to state-of-the-art equipment and facilities. They ensure that our medical teams have the resources they need to deliver high-quality care to

"WE WANTED TO EXPRESS OUR THANKS FOR THE EXCELLENT CARE WE'VE RECEIVED OVER THE YEARS, AND GIVE BACK SO THAT OTHER PEOPLE IN THE COMMUNITY CAN BE HELPED IN THE FUTURE."

HAROLD HOWARD

every patient who walks through the doors of our hospitals.

Legacy giving also fosters a sense of belonging and pride within our community. It brings people together with the common goal of building a healthier, more vibrant future for all. Every donation, no matter the size, has the power to create lasting change and transform lives.

Legacy gifts, like Harold and Jeanette's, help ensure that Hospitals of Regina Foundation can continue to invest in the priority needs of our hospitals for generations to come, providing the best local health care possible for our southern Saskatchewan community.

A Record-Setting Gala in Support of Local Health Care



Don McMorris, Minister of Government Relations and the An Evening in Greece Gala organizing committee

Guests enjoying traditional Greek dancing

The An Evening in Greece gala, a testament to community spirit and philanthropy, has been creating unforgettable memories in the hearts of Regina's residents for nearly three decades. For the past 29 years, a volunteer organizing committee, currently led by Thomas Siarkos and Spiro Bonis, has organized this memorable fundraising gala weaving together tradition, culture, and compassion to support a variety of local initiatives.

Reflecting on its humble origins, Thomas Siarkos, co-chair of the organizing committee, reminisces about the inaugural fundraising endeavor created by the necessity of installing an elevator for handicapped church attendees. "It was quite successful," he recounts, "and helped kick-start other fundraising efforts." What began as a relatively small venture has

now grown into one of Regina's premier annual fundraising galas, evolving and expanding in both size and impact over the years.

In 2007, seizing an opportunity to increase their charitable footprint, the organizing committee forged a partnership with Hospitals of Regina Foundation, directing their charitable efforts towards supporting Regina's health care system. Over the years they have also supported other initiatives within the community, but the bond between Regina's Greek community and Hospitals of Regina Foundation remains as strong as ever, and a testament to their unwavering commitment to the well-being of the people of southern Saskatchewan.

"At the core of our mission lies a deep-seated desire to give back to the community we proudly call home," asserts Thomas Siarkos.

"Great local health care is essential for our people; it's a service that we will all need at some point in life. So it is our duty to ensure that we continue to support Regina's hospitals in whatever way we can, ensuring they have the resources needed to serve our community effectively."

Each year, the *An Evening in Greece* gala unfolds as a celebration of Hellenic heritage and hospitality, captivating attendees with a variety of cultural performances and culinary delights. The resounding sound of plates smashing to the ground, a cherished tradition, never fails to light up the room and is a highlight for many of those in attendance.

Since its inception, the gala has emerged as a memorable annual event that has raised over \$1 million for Regina's hospitals. In 2023, the event shattered all

previous records, boasting great attendance and an astounding \$250,000 in net donations, a feat made possible in part by the generosity of Kevin Knight, of Knight Cares, who not only was the presenting sponsor but also, through a matching donation of \$125,000, doubled the impact of the event's sponsors and attendees.

Hospitals of Regina Foundation extends its deepest gratitude to the tireless efforts of the organizing committee, whose dedication and ingenuity breathe life into this extraordinary event year after year. To Kevin Knight, Knight Cares and everyone who supported the 2023 *An Evening in Greece* gala, whether through attendance, sponsorship, or donations, your unwavering generosity helps support our local health care system, leaving a mark on the lives of countless individuals in southern Saskatchewan.

Community Spirit Shines Bright in 2023

Throughout 2023, community fundraising events continued to have an impact on health care in our community. Each event showcased the remarkable commitment of organizers and volunteers who displayed their spirit of giving and showed their unwavering support for the Foundation and the priority needs of our hospitals.

May 27th marked the return of the annual **Cardiac Care 5K Walk/Run** which raised an impressive \$19,940 in support of the Cardiac Care Unit at Regina's General Hospital.

Trail runners embraced the challenge of the rugged terrain at White Butte Trails for the **Bigfoot 50 Trail Run**, which took place on June 24th, raising \$1,400 in support of the Burn Unit at Regina's General Hospital.

Roaring through the streets with a purpose on June 25th, the **Motorcycle Ride for the Boys** raised \$5,670 to benefit our Prostate Assessment Centre at Regina's Pasqua Hospital, and support the best men's health care possible, right here at home.

The **Chinese Spring Festival Celebration** on April 15th raised \$8,460 in support of our

pediatric programs, while attendees enjoyed traditional performances, delicious cuisine, and festive activities.

Each year, a number of community events choose to support our Neonatal Intensive Care Unit in the Rawlco Centre for Mother Baby Care, at Regina's General Hospital. In 2023 they included the **High Noon Optimist Club Variety Show** on January 29th, which raised \$10,000, and the **Pure Country 92.7 Snow-Pitch Tournament** on March 11th and 12th, which also raised an impressive \$10,000 to help save babies' lives in southern Saskatchewan.

Golfers also showed their commitment to our NICU on July 21st through the **Eric Calibaba Memorial Golf Tournament**, which raised \$11,424, on July 27th at the annual **Chick-A-Dee Golf Tournament** which raised \$5,000, and at the 5th annual **Mexican Scramble Golf Tournament**, which raised \$3,120 on August 27th. All these amazing events were held to support our tiniest patients receiving specialized care from the tremendous medical teams in our NICU.

The picturesque orchards at Over The Hill Orchards and Winery were the backdrop for the **Ladybug Picnic & Paint Event** on August 26th, in



Cardiac Care 5K Walk/Run team



Pure Country 92.7 Snow-Pitch tournament team

memory of Sally Elliott, who was well-known in our community for teaching prenatal and new mom classes. This fantastic event raised \$1,500 in support of our NICU in the Rawlco Centre for Mother Baby Care, at the Regina General Hospital.

These events are shining examples of the power of community engagement, and how it can make a difference in

the lives of others. As we celebrate these successful community events, we also recognize the dedication and hard work of the organizers and volunteers and the generosity of participants who continue to embody the amazing philanthropic spirit of southern Saskatchewan.

A Wondrous Evening for



Four Seasons Ball

A HOSPITALS OF REGINA FOUNDATION FUNDRAISER

Once more, the Conexus Arts Centre in Regina was transformed for the elegant Four Seasons Ball, on June 3, 2023. Fashionably attired guests experienced fine dining, captivating entertainment, and the exquisite décor, all in support of children's health care in southern Saskatchewan. Along with a gourmet, six-course meal, an ensemble of talented young performers entertained our guests, culminating in a remarkable performance by the internationally acclaimed Canadian actor and comedian, Brent Butt.

We are grateful to Alliance Energy, our presenting sponsor, as well as all the event's sponsors, supporters, and volunteers whose efforts ensure the ongoing success of this incredible gala. In 2023, this remarkable event raised a record \$462,560, to make sure southern Saskatchewan children can get the care they need, as close to home as possible.



Children's Health Care



PROUDLY PRESENTED BY



Hospital Home Lotteries

Continue to Change Lives



2023 Spring Grand Prize Showhome

SINCE 1987, OUR HOME LOTTERY PROGRAM HAS RAISED MORE THAN \$55 MILLION FOR REGINA'S THREE HOSPITALS, FUNDING CRITICAL MEDICAL TECHNOLOGY, RESEARCH AND HEALTHCARE EDUCATIONAL PROGRAMS THAT BENEFIT US ALL.

After another successful year for the Foundation's Home Lottery program, we are pleased to share the names of the 2023 top winners. Winning the gorgeous Spring Home Lottery \$1.5 Million Grand Prize Showhome, built by Ripplinger Homes, along with \$50,000 were Janice and Brian Burgess of Silton, SK. Also winning big in the Spring Home Lottery were Bev and Debra Dunn of Carlyle, SK who won \$536,425 in the 50/50 Add-On, and Randy and Sharon Szilagyi of Regina, SK

who won the Early Bird Prize and chose to take home \$100,000!

The 2023 Fall Home Lottery winners took home some equally impressive prizes. DawnAnn Klimczak of Ituna, SK was the winner of the \$1.3 Million, Ripplinger built, Grand Prize Showhome along with \$50,000. Receiving the keys to the \$750,000 Early Bird Cottage, built by Ripplinger Homes, plus \$10,000 was Spencer Bacsu of Regina, SK, and our Fall

50/50 Add-On prize went to Don Whitrow of Silton, SK, who took home an incredible \$506,387!

We are grateful to all our lottery supporters for making this program a remarkable success over the past thirty-six years. Through their active involvement in our Home Lottery program, the Foundation is able to invest in the priority needs of our hospitals and make lives better for the people of southern Saskatchewan.



2023 Fall Grand Prize Showhome



Spring Grand Prize Showhome winners Janice and Brian Burgess receive the key to their new home from Dino Sophocleous, president & CEO of Hospitals of Regina Foundation



Fall Grand Prize Showhome winner DawnAnn Klimczak and her husband Ash Schell and son Quinn Schell accept the key to their new home from Dino Sophocleous, president & CEO, Hospitals of Regina Foundation



Fall Early Bird Winner Spencer Bacsu took home \$10,000 to go along with his \$750,000 Echo Lake Cottage



Spring 50/50 winners Bev and Debra Dunn



Fall 50/50 winner, Don Whitrow and his wife Melody Whitrow

FINANCIALS

Summary Statement of Financial Position

As at December 31, 2023 with comparative information for December 31, 2022

| | 2023 | 2022 |
|---|---------------|---------------|
| Current assets | | |
| Cash | \$ 2,042,915 | \$ 2,493,116 |
| Short-term investments | 38,368,593 | 32,630,690 |
| Accounts receivable and accrued interest receivable | 614,678 | 573,757 |
| Lottery showhome deposits | 625,000 | 250,000 |
| Prepaid expenses | 122,107 | 76,296 |
| Gift shop inventory | 45,499 | - |
| Pledges receivable | 387,000 | 703,000 |
| Planned giving receivable | 755,889 | 844,316 |
| | 42,961,681 | 37,571,175 |
| Investments | 24,418,574 | 22,355,298 |
| Tangible capital assets | 208,396 | 307,722 |
| | \$ 67,588,651 | \$ 60,234,195 |
| Liabilities and net assets | | |
| Current liabilities | | |
| Accounts payable | \$ 877,405 | \$ 1,327,877 |
| Deferred revenue | 27,300 | - |
| | 904,705 | 1,327,877 |
| Long term liabilities | | |
| Deferred pledge revenue | 387,000 | 703,000 |
| Deferred planned gifts | 755,889 | 844,316 |
| | 2,047,594 | 2,875,193 |
| Net assets | | |
| Investment in tangible capital assets | 208,396 | 307,722 |
| Operating reserve | 2,000,000 | 2,000,000 |
| Designated funds | 57,765,491 | 46,389,514 |
| Endowment and special purpose funds | 5,567,170 | 8,661,766 |
| | 65,541,057 | 57,359,002 |
| | \$ 67,588,651 | \$ 60,234,195 |

Summary Statement of Operations and Changes in Net Assets

For the year ended December 31, 2023 with comparative information for December 31, 2022

| | 2023 | 2022 |
|--|---------------|---------------|
| Revenue | | |
| Charitable giving | \$ 5,678,720 | \$ 7,225,089 |
| Charitable gaming | 3,143,718 | 4,003,221 |
| Gift shop revenue (net) | 47,537 | - |
| Investment income | 2,296,725 | 1,203,213 |
| Unrealized gains (losses) on investments | 1,456,238 | (3,266,022) |
| | 12,622,938 | 9,165,501 |
| Expenses | | |
| Direct fundraising costs | 406,910 | 457,165 |
| Administration | 465,071 | 419,912 |
| Communications and marketing | 114,347 | 85,209 |
| Salaries and benefits | 1,544,879 | 1,572,983 |
| | 2,531,207 | 2,535,269 |
| Excess of revenue over expenses | 10,091,731 | 6,630,232 |
| Net assets, beginning of year | 57,359,002 | 57,095,305 |
| Distributions | (1,909,676) | (6,366,535) |
| Net assets, end of year | \$ 65,541,057 | \$ 57,359,002 |

These summarized financial statements of Hospitals of Regina Foundation Inc. are derived from the complete financial statements as at and for the year ended December 31, 2023, prepared in accordance with Canadian Accounting Standards for Not-for-Profit Organizations.

The complete audited financial statements of Hospitals of Regina Foundation Inc. are available at <https://www.hrf.sk.ca/News-Media/Annual-Reports>



Jordan Hardy
Chair
Partner
MLT Aikins LLP



David Belof
Vice Chair
Saskatchewan Managing
Partner
Deloitte Canada



Laurel Garven
Vice President, Corporate
Development & Business
Strategy
ISC



Charlene Gavel
President & CEO
SaskTel



Dr. Kunal Goyal
Interventional Radiologist,
Assistant Professor of
Clinical Radiology
University of Saskatchewan



Troy King
Vice President, Finance and
Business Performance
and Chief Financial Officer
SaskPower



Tom Newton
Vice President and
General Manager
Rawlco Radio



Blaine Pho
Managing Director
TD Asset Management



Leah Reid
Director
Talent Development
SGI



Shannon Weatherall
Senior Vice President
Prairie Operations
FCC

COMMITTEE MEMBERS OF THE BOARD

Chair of the Board:
Jordan Hardy

Vice Chair of the Board:
David Belof

**Management Liaison
Committee:**

- Jordan Hardy, Chair
- David Belof
- Tom Newton
- Leah Reid

**Audit and Finance
Committee:**

- Troy King, Chair
- Charlene Gavel
- Blaine Pho
- Shannon Weatherall

LAST YEAR IN REGINA'S HOSPITALS



28,672
SURGERIES
PERFORMED IN
REGINA'S HOSPITALS



2,460
CATHETERIZATION
LAB PROCEDURES



97,726
EMERGENCY
ROOM VISITS



34,923
PATIENTS
TRANSPORTED
VIA EMS



2,929
VISITS TO THE
PEDIATRIC
OUTPATIENT PROGRAM



49,421
CT SCANS
PERFORMED



22,587
PATIENTS AT THE
EYE CENTRE

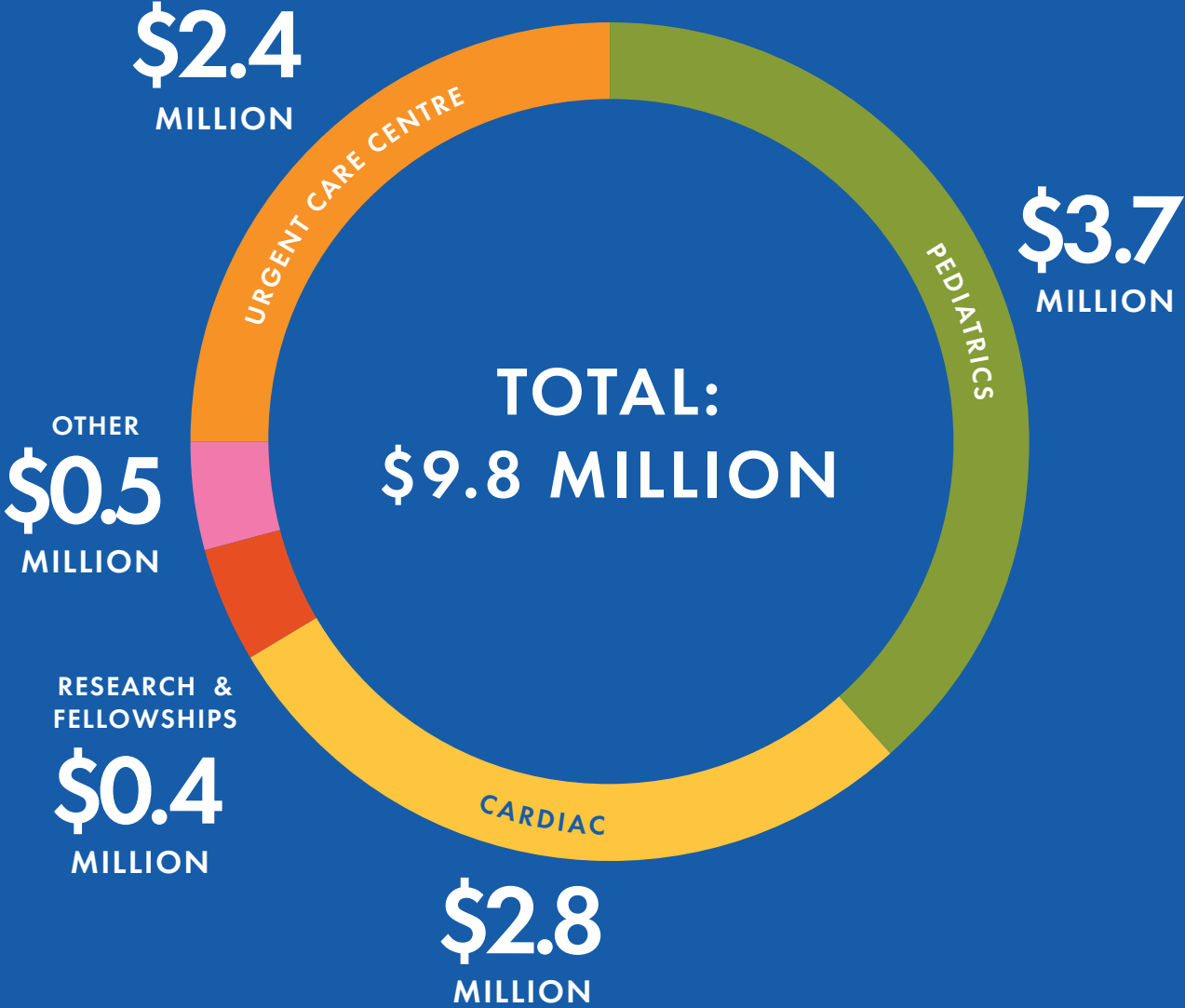


409
BABIES NEEDED
REGINA'S NICU

15,741

VISITS TO THE
CHILDREN'S PROGRAM AT
WASCANA REHAB CENTRE





*Projects the Foundation has committed to support, not yet completed.



HOSPITALS OF REGINA®
FOUNDATION

Better lives. Made possible by you.

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Charitable Registration Number: 119114056RR0001