



HOSPITALS OF REGINA®
FOUNDATION

Better lives. Made possible by you.

2020

HOSPITALS OF REGINA FOUNDATION 2020 ANNUAL REPORT

OUR MISSION

In collaboration with our partners, Hospitals of Regina Foundation raises funds to improve health care for the residents of southern Saskatchewan.

OUR VISION

To be recognized as the best investment in health care for southern Saskatchewan.

OUR VALUES

Donor-centered

Fundamental interests and aspirations of our donors are paramount in our fundraising activities and stewardship.

Working in partnership

Continual fostering and strengthening of relationships within our community.

Forward-thinking

Innovative decision-making based on sound information.

Results-driven

Dedication to the fulfillment of our vision and mission.

Integrity

Professionalism and ethical standards guide all that we do.

TOP 5 REASONS DONORS SUPPORT HOSPITALS OF REGINA FOUNDATION

- 1 Their family and/or friends are affected
- 2 They believe in supporting a good cause
- 3 They want to help people
- 4 They want to give back to the community
- 5 They believe it is the right thing to do

“Despite the pandemic challenges, we were determined to continue our operations in full and deliver on our mission, keeping our promise of the best local healthcare possible in Regina and southern Saskatchewan. Thanks to our amazing staff and volunteers, we did just that.”

Katrine White
Chair, Board of Directors

Dino Sophocleous
President & CEO



This year was, to say the least, an unprecedented year. Coming off 2019, the most successful year the Foundation had experienced in its 33-year history, we did not expect to be thrown into an extraordinary crisis caused by a global pandemic within three months. However, as we entered February 2020, it quickly became apparent that we were not going to escape the impact of COVID-19.

Realizing that we needed to meet this challenge head on, we went into emergency operational mode on March 19th in order to minimize health risks to our staff. We continued to operate our office daily through a small skeleton team, with the majority of our staff working remotely from home, something they have continued to do diligently ever since.

Despite the pandemic challenges, we were determined to continue our operations in full and deliver on our mission, keeping our promise of the best local healthcare possible in Regina and southern Saskatchewan. Thanks to our amazing staff and volunteers, we did just that.

Despite the economic slowdown we all experienced, the southern Saskatchewan community rallied to support our hospitals in an amazing way. In 2020 we experienced increased individual donations, record

breaking lottery programs and saw 25% more donors donate to the Foundation than in 2019. This dedication to our community's health care and faith in our mission is a testament to the philanthropic spirit of Saskatchewan and our community's commitment to local health care.

To help our hospitals deal with the pandemic, we became the first hospital foundation in Saskatchewan to establish a COVID-19 Emergency Fund, helping our frontline health teams with infection control equipment, remote camera systems for our NICU and iPads for patients to stay connected with family during the extensive lockdowns.

We also took on new commitments, including \$1.8 million for the Endoscopy program and \$600,000 for new 3D mammography technology at the Breast Assessment Centre, both at Pasqua Hospital. At the same time, we completed our \$2 million investment in new cardiac technology for the Mosaic Heart Centre, and continued with our \$3 million renewal of all eighteen of our operating rooms, as well as our commitments to our pediatric, cancer and imaging programs and physician fellowships. These brought our commitments to our hospitals to over \$12 million at the end of 2020.

None of these achievements are possible without our donors. We remain humbled by your devotion and honored by your support. You are the most committed and steadfast supporters a hospital foundation can hope for. We are privileged to have earned your trust and blessed to count you among our friends.

In reviewing the most challenging year in our history, we extend our heartfelt gratitude to our volunteers, including our volunteer board of directors, the medical, support and management teams in our hospitals and the Saskatchewan Health Authority, our devoted staff team, and all of you – our partners, supporters and donors.

Thank you for believing as strongly as we do that our community deserves the best health care possible, right here at home.

Katrine White
Chair, Board of Directors

Dino Sophocleous, CFRE
President & CEO



On behalf of the Saskatchewan Health Authority, I would like to say thank you to Hospitals of Regina Foundation for working with us to improve patient outcomes in our Regina facilities. Communities have unique needs and working collaboratively to best understand what we can do to work together to meet those needs is a shared goal which has the biggest impact on the people we serve.

2020 was not the year any of us had planned. As health care providers, the global pandemic brought with it more challenges than we have seen in any of our collective lifetimes. The foundation sector was equally impacted by the pandemic however, Hospitals of Regina Foundation persevered to continue their commitment to save lives and provide patients and families with the best care possible.

In addition to their successful campaigns that contributed almost \$4 million to the Mosaic Heart Centre, Eye Centre, Adult Rehab Program, Breast Assessment Centre and Pediatrics, the Foundation also created a COVID-19 Fund to provide staff at Regina’s hospitals and Regina Pioneer Village with additional equipment to help in the fight against the spread of COVID-19. New and upgraded cleaning equipment was purchased for all four of our main facilities, assisting our frontline staff’s ability to efficiently clean surfaces to prevent the spread of the virus. They also assisted the Wascana Rehabilitation Centre to connect patients with their families using iPads during their functional rehabilitation sessions, allowing family members to witness the progress being made and share in important accomplishments.

Foundations work to support our capital and equipment

needs, helping the SHA to strengthen our services for Saskatchewan people. Our mutual partnership is based on respect and a willingness to explore new opportunities in our collective efforts to continually improve the healthcare experience for everyone.

Our patients, residents and families benefit from the generosity of donors and volunteers each and every day. Amidst a very difficult year, Hospitals of Regina Foundation worked with the community reiterating that the people of Saskatchewan will stand up and support what matters most in a time of need. For that, today and every day, we thank you.

Sincerely,

Scott W. Livingstone
Chief Executive Officer
Saskatchewan Health Authority

REGINA’S HOSPITALS



REGINA GENERAL HOSPITAL



PASQUA HOSPITAL



WASCANA REHABILITATION CENTRE

Vulnerable babies benefit from five years of investment in state-of-the-art technology



Ashley Mailloux, her fiancé Jesse Hansen and baby Bennett

The health and well-being of our children is one of our greatest priorities. As one of three pediatric centres in the province and the only one in southern Saskatchewan, we take pride in the quality of care our pediatric program delivers to our children.

SINCE 2015, WE HAVE INVESTED \$2.5 MILLION IN LEADING EDGE TECHNOLOGY FOR OUR NICU.

Every day, babies are born prematurely, often experiencing other medical difficulties as well. If born outside of Regina they may be transported to our Neonatal Intensive Care Unit

(NICU), in the Rawlco Centre for Mother Baby Care for further assessment and care, in our dedicated NICU ambulance which is filled with special in-transit equipment augmented by a new **transport ventilator**. This new piece of specialized technology is one of the first newborns will come in contact with, and it will provide effective, safe, lung-protecting ventilation for even the smallest preterm babies.

Once at the Rawlco Centre for Mother Baby Care in the Regina General Hospital, newborns are examined and evaluated. Some may require surgery, while others go directly to the NICU where they are placed in a special bed called a **Giraffe Omni-Bed Carestation**. We have recently added two more of these high-tech beds, ensuring our smallest patients have the

most healing environment in which to get stronger, so they can go home to their families sooner. Each is a full-featured isolette that converts from an open bed to a closed incubator at the touch of a button. When closed, the incubator provides stable temperatures, humidity and oxygen levels, while the increased heat the baby may need does not impact the caregivers or other babies in the NICU.

Helping our doctors and nurses provide the very best care possible to our smallest patients are twenty-five new **NICU Patient Monitors**. These state-of-the-art devices track a dizzying number of vital signs - body temperature, heart and breathing rates, oxygen and carbon dioxide levels, and blood pressure. They are alarmed and notify NICU staff when a vital sign changes in a significant way. Two new **Cutaneous Blood Gas Systems**, which ensure adequate oxygen supplies to the baby's tissues and vital organs, are also now in use in our NICU. These modern pieces of technology allow for continuous measurement of oxygen and carbon dioxide levels in our tiniest patients.

Babies in the NICU are so tiny that they require very specialized equipment, right down to special **Infant Stethoscopes**. The Foundation has funded eighteen new dual head infant stethoscopes which

provide a smaller listening chest-piece specifically designed for infants.

Having a child in the NICU can be incredibly taxing on the parents and family, yet there is reluctance to leave their little one even for a moment. So when parents need to get some much needed rest of their own, they can go home while still maintaining that connection thanks to the new **NICView System**. NICView cameras allow families to view their critically ill newborns in real time, 24 hours a day. These cameras are available to every baby and can be viewed on any device with internet access.



We are proud of the important investments we have made to our NICU over the years. Since 2015 we have invested \$2.5 million in leading edge, life-saving technology for our NICU, further enhancing the ability of our medical teams to care for our tiniest and most fragile patients, right here at home.

Twin Dynamos overcome all obstacles



Lennyn and Luna enjoying a laugh with mom and dad

“HAVING ACCESS TO SUCH A GREAT FACILITY, WITH ALL THE MODERN TECHNOLOGY AND THE GREAT DOCTORS, NURSES, RESPIRATORY THERAPISTS, PHARMACISTS AND EVERYONE ELSE WAS INCREDIBLE.”

COURTNEY KEMP

Lennyn and Luna Kemp of Moosomin are living proof that a fighting spirit, combined with a world-class medical team and facility, can overcome just about any obstacle.

The twins’ story begins on May 3, 2018 - the day they were born at 27 weeks by emergency C-section at Regina’s General Hospital (RGH). The emergency procedure was needed because the babies were in breach and could not be delivered without surgical intervention. Lennyn was born first, weighing just 2.5 pounds and Luna arrived a few minutes later, weighing two pounds, 12 ounces. The twins were immediately taken to our neonatal intensive care unit (NICU) at the Rawlco Centre for

Mother Baby Care, which would become their home for the next 79 days.

“They wheeled me into the NICU and the girls had all sorts of tubes and cords hooked up to them,” says the twin’s mother, Courtney Fletcher. “As a first-time mother and not being able to hold my babies, that was heart-breaking. Four days later I finally got to hold them for the first time.”

Courtney stayed with relatives in Regina and spent each day at RGH. Her tiny, fragile infants needed help breathing and were treated for brain bleeds and heart murmurs, both unfortunate and relatively common consequences of preterm birth. Fortunately,

as a result of a recent investment from Hospitals of Regina Foundation, their medical teams had access to specialized imaging technology to help diagnose the twins. For almost 3 months, the twins resumed the process of finishing their natural development under the care and watchful eyes of the NICU staff.

“I can’t say enough about how our family was treated at the Regina NICU,” Courtney explains. “Having access to such a great facility, with all the modern technology and the great doctors, nurses, respiratory therapists, pharmacists and everyone else was incredible.”

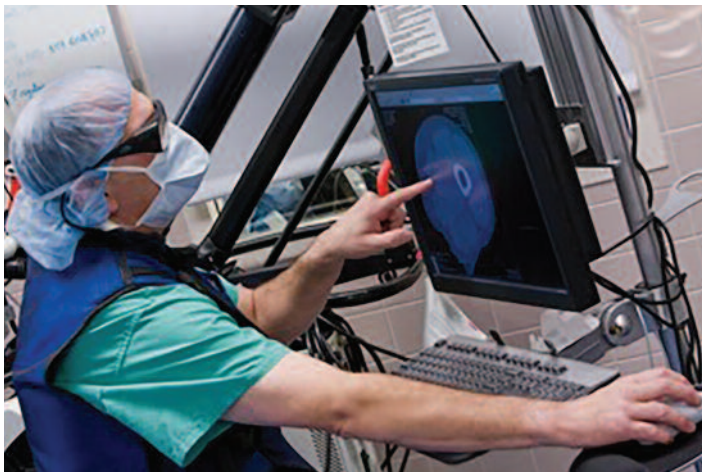
The day Courtney and her boyfriend David Kemp were waiting for arrived on July 21, when the twins, now weighing five pounds each, were discharged and sent home with their parents to Moosomin. Today, Lennyn and Luna are healthy and happy and, other than routine pediatric check-ups in Regina every few months, are just like any other youngsters approaching their third birthdays.

To demonstrate their gratitude, Courtney and her family launched a fundraising drive that raised \$6,000 for the 2019 Z99 Radiothon in support of Regina’s NICU and plan to continue their fundraising efforts every year.

\$3 Million for lifesaving Surgical Upgrades



New booms in surgical suites



Integrated technologies streamline surgeries

The demand for our surgical teams at Regina’s Hospitals continues to grow with our increasing population. In 2020, Regina’s hospitals saw more than 22,000 surgical patient visits, including 818 surgical intensive care patients. For these patients, surgery is a life-saving necessity!

Hospitals of Regina Foundation has committed to raising \$3 million to upgrade the surgical suites at Regina General and Pasqua Hospitals by replacing and upgrading the 30+ year-old surgical booms and surgical lights in all eighteen operating rooms. Through a long-standing partnership between Hospitals of Regina Foundation and Yara Belle Plaine, Yara has pledged a \$500,000 match for community donations to the Foundation’s Surgical Campaign.

New surgical booms allow for safer use of anesthesia as well as medical gases including oxygen, nitrogen and carbon dioxide. In addition, new surgical booms will keep devices such as surgical monitors and other audio-visual data technology, electrical power plugs and other equipment conveniently located but also out of the way of the surgical teams, streamlining and centralizing surgical equipment to make surgery even safer and more efficient. Plus, the new booms can remove any of the anesthesia gases from the air

around the patient so the surgical teams are not impacted.

In two surgical suites at each hospital, the new surgical booms will have advanced audio-visual data technology fully integrated into them. This will allow Regina surgeons to communicate with other specialists around the world for consultation and assistance with rare and complex operations, in real time.

It will also help remotely teach medical students the skills they will need to become outstanding surgeons themselves. Medical students anywhere in the country may be trained in surgical procedures by observing Regina’s talented surgeons in action.

Surgical demand is expected to grow as southern Saskatchewan’s population continues to increase. This campaign will allow us to better serve the thousands of people who require surgery in Regina’s hospitals every year. With support from caring partners like Yara Belle Plaine, the Foundation will continue to invest in technologies that provide patients with the best possible surgical care so they get home to their loved ones, as quickly and as safely as possible.

HRF completes \$2 Million Cardiac Care Campaign



"WE PROUDLY ANNOUNCE THAT TOGETHER, WE RAISED OVER TWO MILLION DOLLARS THAT WILL ENSURE MEDICAL TEAMS AND CARDIAC PATIENTS WILL CONTINUE TO HAVE ACCESS TO LIFE-SAVING EQUIPMENT."

BRUCE BODINE,
SENIOR VICE PRESIDENT,
NORTH AMERICA,
MOSAIC COMPANY

HRF CEO, Dino Sophocleous, SHA CEO, Scott Livingstone, Cardiologist Dr. Rodney Zimmerman, Karen Swager, senior vice president, supply chain, at The Mosaic Company

In 2019, Hospitals of Regina Foundation launched a \$2 million Cardiac Care Campaign, with longtime Foundation partner, The Mosaic Company, which pledged to match donations from the community up to \$1 million. In 2020 we were proud to have reached our goal.

The \$2 million Mosaic Cardiac Fund, created through this campaign, will support the Cardiac Catheterization Lab's (Cath Lab) priorities with the most up to date Fluoroscopy system, Dye injectors, an

Intravascular ultrasound (IVUS), and an Echocardiography machine - a specific ultrasound for the heart.

Last year, 2,422 people were treated at the Cath Lab, at the Mosaic Heart Centre in Regina. The Cath Lab diagnoses and treats coronary artery disease - critical heart problems related to the blockage of blood vessels to the heart.

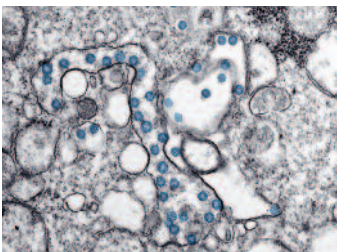
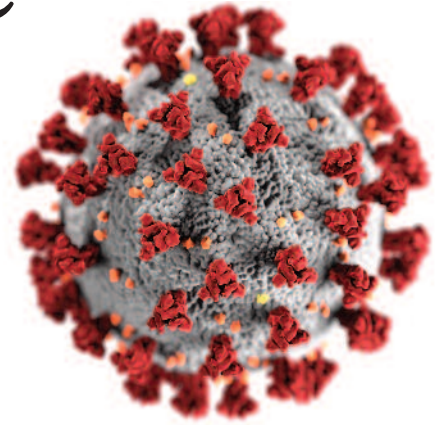
"Back in 2006, Mosaic announced an investment in cardiac care for the people of Saskatchewan and created the Mosaic Heart Centre," says

Bruce Bodine - Senior Vice President, North America at The Mosaic Company. "We proudly announce that together, we raised over two million dollars that will ensure medical teams and cardiac patients will continue to have access to life-saving equipment and exceptional care right here at home."

The *Cardiac Care Campaign* was a wonderful success, thanks to Mosaic's philanthropic leadership and the amazing support we received from our community. This new investment in the Mosaic Heart Centre will

allow our medical teams to provide the best care possible for cardiac patients in Regina and southern Saskatchewan; we are grateful to Mosaic and our community for their support of this campaign and their commitment to our hospitals.

Staying nimble in the time of Covid



Much like the rest of the world, we were all blindsided by the events of 2020 and are still in the grips of the worldwide COVID-19 pandemic. A pandemic that has taken its toll on lives, businesses, education and every sector of the economy including the charitable sector. Thankfully, with great planning and foresight, our Foundation was able to react quickly and come through the most tumultuous year in living memory relatively unscathed. We reacted quickly and engaged in a remote mode of operation, maintaining a small skeleton team in our head office, while the majority of Foundation staff worked from home. We maintained all our programs and operations despite the challenges of separation and the difficulties the pandemic inevitably caused.

The Foundation was also first out of the gate within the province in creating a designated COVID-19 Emergency Fund to support the priority needs of Regina’s hospitals during this crisis. Many people in our community were looking for a way to help and we are proud to have provided that channel.

Through this fund we invested in enhanced cleaning equipment, including Structural Foam Tilt Trucks and Walk Behind Auto Scrubbers for the Regina General and Pasqua hospitals, the Wascana Rehabilitation Centre and Pioneer Village. This investment gave our environmental teams the additional tools that they needed to disinfect hospital areas quickly and provide a safe environment for both patients and healthcare staff.

The Foundation has also provided iPads for the Inpatient

Rehabilitation Services at Wascana Rehabilitation Centre. This program cares for patients who have experienced significant medical events such as a stroke or a recent limb amputation and require intensive therapies to facilitate recovery. As a result of the COVID-19 pandemic, these patients are increasingly isolated from their family members, which significantly impacts their mental health and recovery. In addition, family involvement in the rehabilitation process is crucial to a patient’s ability to return home as quickly as possible. The iPads allow patients to have regular virtual visits with their loved ones and enable family members to understand the required rehabilitation therapy so they can provide ongoing support once the patient returns home.

The professionalism of our hospital staff during these challenging times is a testament to their dedication to their

profession, leading to many a good outcome such as the case of 77 year old Lorne Palmer who spent fifteen days in the Regina General Hospital suffering and recovering from COVID-19. "It was mentally challenging at times." Lorne says. "I was in the hospital over the Christmas holidays and unable to see any family, which was tough. But, I truly can't say enough about the amazing doctors and nurses on the unit. Though I can't remember all of their names, they treated me with the utmost care and compassion during my two weeks stay. What an amazing group of professionals in such a challenging environment."

COVID-19 is an unpredictable virus that presents many challenges to our healthcare system. Stories like Lorne's highlight the importance of investing in the best possible equipment and technology for people in southern

Saskatchewan. Providing support for quality medical equipment is a priority for the Foundation and we intend to continue investing in it to help our community live better lives.

"I TRULY CAN'T SAY ENOUGH ABOUT THE AMAZING DOCTORS AND NURSES ON THE UNIT. THEY TREATED ME WITH THE UTMOST CARE AND COMPASSION DURING MY TWO WEEKS STAY. WHAT AN AMAZING GROUP OF PROFESSIONALS IN SUCH A CHALLENGING ENVIRONMENT."

LORNE PALMER





HOSPITALS OF REGINA®
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DONATE NOW

COVID-19 EMERGENCY FUND

CIBC joins us in fight against breast cancer

Breast Cancer is the second most commonly diagnosed cancer in Canada. Each year, our Breast Assessment Centre at Regina's Pasqua Hospital performs on average 4,800 breast exams and 600 biopsies; it is a crucial part of women's cancer care in Regina and southern Saskatchewan. The current mammography equipment is outdated, so in 2020 Hospitals of Regina Foundation committed to invest in a Digital Breast Tomosynthesis unit, also known as 3D mammography.

With its long history of supporting the fight against breast cancer, CIBC was a natural partner for this project. Their generous gift of \$100,000 helped us get closer to the over \$600,000 the new equipment will cost. CIBC's commitment will allow us to provide this essential new technology so our hospitals can diagnose breast cancer early and continue to provide outstanding health care for the women of Regina and southern Saskatchewan.

"CIBC is pleased to be part of helping to make the Foundation's goal a reality," says Chad Haidey, market vice president, CIBC. "Helping equip the hospital's Breast Assessment Centre with the most advanced technology means patients will be able to receive quick and



Chad Haidey, Market Vice President (left) and Justin Dickie, Senior Manager (right)

accurate test results which helps support better outcomes."

For years, mammography testing in southern Saskatchewan has been done through 2D technology, using an x-ray to look through the breast tissue from one angle, creating a 2D picture. As good as this technology is, sometimes the compression involved in 2D mammography can cause overlapping in the breast tissue which decreases the accuracy of the image. Similarly, if a patient has very dense breast tissue, the sensitivity of mammography is decreased. 3D mammography is better

able to detect smaller breast tumors with more accuracy and fewer false positives. Plus, the new technology will not only conduct the mammogram, but has the capability to perform a needle biopsy right away if a suspicious lump is found. This will greatly improve early diagnosis rates and save the lives of women in our community.

The Breast Assessment Centre sees on average 3,000 patients every year. We are grateful to have the support of community-minded partners like CIBC. Their generous support of the Breast Assessment Centre at

Pasqua Hospital means women across southern Saskatchewan will now have access to the most advanced technology available, right here at home.

"CIBC IS PLEASED TO BE PART OF HELPING MAKE THE FOUNDATION'S GOALS A REALITY."

**CHAD HAIDEY,
MARKET VICE PRESIDENT,
CIBC**

Technology aids long time health care worker

Jan Besse has lived in Regina for over 35 years and worked in many areas of the provincial health care system, including medical imaging and the lymphedema outpatient clinic. Having trained as a registered nurse, Jan understands the importance of taking care of one's own health and how crucial having the proper equipment and qualified physicians in place can be for patient care. In 2018 she would unexpectedly find herself on the patient side of our health care system, and get to experience first hand the amazing care provided right here in Regina.

On October 24, 2018, while undergoing a regular screening mammogram, the radiologist, Dr. K.L Ng, noticed a small mass on Jan's right breast which was confirmed via ultrasound. It was recommended at the time that a biopsy be done.

"It was one of those moments that is just burned into your brain. There are so many thoughts that just run through your mind, yet at the same time you're frozen." Jan explains. "Working in health care for so long, I have seen how hard the journey can be, but it still doesn't prepare you for when it actually happens to you."

Jan underwent her biopsy at our Breast Assessment Centre at the Pasqua Hospital on November 1st, where she was informed by Dr. C. Lim that he was 99.9%

sure the mass was malignant. It was confirmed that Jan had an invasive ductal cell carcinoma but luckily it was caught very early. A lumpectomy was recommended to remove the cancerous mass.

"I had only told my husband about the mass, until the biopsy confirmed that it was indeed breast cancer," Jan notes. "Once it was confirmed, I immediately talked to my two adult sons who were an incredible support throughout."

One week later, on November 9th, Jan underwent a staging MRI at the Regina General Hospital so the doctors could get a full understanding of the mass and it's location. Jan met with her surgeon, Dr. Suzanne Meiers, on December 10th to discuss the procedure and any questions or concerns. "The fantastic communication and patience from the physicians, medical imaging team and nurses during this period absolutely made things easier in what otherwise was a very uncertain time", Jan says.

In early January of 2019, Jan underwent a lumpectomy and sentinel lymph node dissection procedure at the Regina General Hospital to remove the cancerous mass in her right breast and to determine whether there was any lymph node involvement. The procedure was successful and Jan began her journey to recovery. She underwent a total of 16 radiation treatments and



Jan Besse

missed two weeks of work after her procedure, yet considers herself very lucky.

"So many times throughout this journey I found myself thinking about the women whose procedures were much more extensive and how hard their journeys must have been." recalls Jan. "Over the years, I worked with women in the Lymphedema Program who have been through so much. I understand how truly important it is to have the proper medical technology and health care providers including physicians, medical imaging staff, nurses and therapists in place. Without

the many investments by Hospitals of Regina Foundation, a lot of that just would not be possible and I'm certain of that. Early diagnosis and treatment is critical."

Jan's dedication and work in the local health care system has made a difference to many patients and families over the years. When Jan herself needed care to diagnose and treat breast cancer, our hospitals had the technology they needed to provide her with the care she required, thanks to our community's determination to invest in the best local health care possible.

HRF funds Groundbreaking Kidney Pain Management Research



Nephrologist, Dr. Bhanu Prasad and Radiologist, Dr. Kunal Goyal

Loin Pain Hematuria Syndrome (LPHS) is not a condition many of us have heard of before, but it is the focus of innovative clinical research being conducted by two of our own, Regina medical specialists, Dr. Bhanu Prasad and Dr. Kunal Goyal.

LPHS is an ultra-rare disorder appearing in only 0.13% of the population. This disorder is characterized by debilitating pain originating from either one or both kidneys and typically involves young adults, approximately 70% of whom are women. The pain is constant and severe, leading to daily use of pain management

medications, including opiates. Occasionally, the pain is so severe that patients require placement of spinal cord stimulators, implant devices that relieve pain by delivering low levels of electricity directly to the spinal cord, just to get through the day. Pain is not the only symptom, patients also have blood in their urine (hematuria). Patients often end up in the emergency rooms, where investigations do not reveal any potential source of pain, making this condition difficult to diagnose. They are, therefore, sometimes mistaken as drug seekers, in need for an opiate fix.

Nephrologist, Dr. Bhanu Prasad and Radiologist, Dr. Kunal Goyal are working on an innovative treatment that will transform the only known effective treatment, a highly invasive surgical procedure. The current treatment involves a seven hour operation and a week of recovery in hospital. On the other hand, the new treatment proposed by Drs. Prasad and Goyal, Renal Denervation (RDN) involves a minimally invasive technique whereby a catheter is introduced into the blood supply of the kidneys to deliver thermal energy (heating) across the vessel wall to interrupt the

nerve's path to the brain. The patients are given general anesthesia, require 45 minutes of interventional radiology time and are then sent to the recovery room for another 4 hours. Patients are then discharged, often totally pain-free and also opiate free for life.

To date, HRF has committed \$68,000 in support of this exciting clinical research. With this funding the doctors are planning to perform a randomized controlled trial where 10 patients are divided into 2 groups - patients who undergo the real RDN procedure and the other group will undergo a placebo procedure. They will then be requested to keep a pain diary and will be monitoring for pain, mood, quality of life, and level of disability. At the conclusion of the study, the patients who undergo the placebo procedure will be offered the real one.

Groundbreaking research requires significant funding, and Hospitals of Regina Foundation is pleased to be investing in this critical area to improve the lives of people who suffer from this debilitating syndrome. Regina is the only place in the world where this research is being done and if successful, our city and its hospitals will forever be known as the place where this revolutionary treatment was invented.



Tom and Irma Trofimenkoff

Estevan couple leaves a Lasting Legacy for Regina's hospitals

When Tom and Irma Trofimenkoff of Estevan passed on in 2020, they left behind a legacy in the form of a sizeable estate gift in their Will to the Hospitals of Regina Foundation. This significant gift will help ensure quality health care at Regina's hospitals for many years to come. To those that knew the couple best, including their niece and nephew, Debbie Lapitsky and Harvey Schindel, Tom and Irma's generosity was not a surprise.

"They were very appreciative of the excellent care they received in Regina," Debbie shares. "They also enjoyed their relationship with the Foundation and its staff," Harvey says. "So, their decision to support the hospitals through the Foundation was an obvious choice."

The Trofimenkoff's support of the Foundation began shortly after

Tom's successful open-heart surgery in Regina in 2006. They became regular donors, as well as regular attendees at one of the Foundation's annual events. In fact, Tom and Irma regularly arrived a few hours early, in order to spend time with Foundation staff and learn about the latest initiatives their donations helped support. They especially made a point of always chatting with our president & CEO, eager to know what future projects the Foundation was planning to invest in.

"We found out after they passed that they had been supporting a number of charities, including Hospitals of Regina Foundation for many years," Debbie reveals. "But they never wanted any special recognition," Harvey continues. "They were very humble when it came to that sort of thing."

Tom and Irma celebrated 47 years of marriage in 2020.

They were well-travelled, with their family estimating they visited more than 50 countries throughout their life. Regardless of where their travels took them, the couple never lost their affection for their home community and province, and the people who live here.

"Tom and Irma had no children, so their donation is their legacy," Harvey says. "I hope their story inspires others to think about leaving a legacy in their Wills," Debbie adds. "If you're able to help someone else or make a difference in your community, why not?"

"I was honoured to spend many hours visiting with Tom and Irma," says Dino Sophocleous, president and CEO Hospitals of Regina Foundation. "They were the most humble people, never wanting to seek attention and always ready to tell me "it was nothing" whenever I thanked them for their exceptional support. I was always impressed

by their commitment to giving back to our southern Saskatchewan community, including their support of the Foundation. We are very grateful for their incredibly generous final gift, and will ensure that their legacy lives on through the best possible local health care at Regina's hospitals."

"WE ARE VERY GRATEFUL FOR THEIR INCREDIBLY GENEROUS FINAL GIFT, AND WILL ENSURE THAT THEIR LEGACY LIVES ON THROUGH THE BEST POSSIBLE LOCAL HEALTH CARE AT REGINA'S HOSPITALS."

**DINO SOPHOCLEOUS,
PRESIDENT AND CEO, HRF**

COVID-19 didn't dampen our Community's Spirit

The determination of our supporters has not been deterred by the pandemic, even when most of our community events had to be cancelled. The High Noon Optimist Club held their annual Magic Variety Show on January 26th, raising \$10,000 for Regina's Neonatal Intensive Care Unit (NICU). We rang in the Chinese New Year raising almost \$7,000 for pediatrics, and celebrated an amazing Evening in Greece, raising \$92,500 before the COVID-19 pandemic and its public gathering restrictions reduced our events to either virtual or safely conducted outdoor activities. The Motor Cycle Ride for the Boys actually doubled its revenue over the previous year raising \$9,180, a virtual Queen City Marathon allowed people to run on their own time schedule, raising \$2,048. The 33rd annual Z99 Radiothon stayed in studio and still managed to raise an incredible \$297,035 for babies needing our NICU.

Thank you to all our event partners, workers and volunteers for your tireless devotion to the cause of the best local health care possible. Nothing we do happens without you.





An Unexpected and Unbelievable Year for Home Lotteries

Hospitals of Regina Foundation Home Lottery program has been running for 34 years and has raised over \$51 million for Regina's three hospitals. Funds raised through our lotteries stay in southern Saskatchewan, ensuring that quality care is available when people in our community need it most.



Last year our pediatric program served the health care needs of more than 12,000 children from across southern Saskatchewan. Proceeds from our 2020 lottery program will go to support the many priority needs of our hospitals and especially our important pediatrics program in Regina, one of only three designated pediatric centres in the province.

Our spring 2020 lottery was wrapping up just as the pandemic was beginning. The uncertainty of protocols at that time meant we could not get any in-person pictures of our spring winners, but we are pleased to announce that our

2020 Spring Home Lottery \$1.4 Million Grand Prize Showhome and \$30,000 CASH went to Karl Szabo of Regina. Also winning big were Ken Pickering of Regina, who won \$458,120 in the 50/50 Add-On and Lisa Moen of Regina who won the Early Bird Prize of an Audi A6, along with a trip for two to Australia or \$100,000 CASH.

Then the unexpected happened when our fall lottery program sold out completely and in record time, just a few weeks after it launched. This was the fastest sell-out in the 34 years of our Home Lottery program. It was equally unbelievable when our 50/50 Add-On topped \$1 million, allowing us to award

our largest 50/50 cash prize ever. With all of the year's uncertainties we continue to be humbled by the outstanding support shown by our southern Saskatchewan community, even in these unpredictable times.

The winner of our 2020 Fall Home Lottery \$1.2 Million Grand Prize Showhome and \$30,000 CASH was Diane Meier of Regina. Also winning big was Anita Jadischke of Regina, who won the \$700,000 Lakefront Cottage at Pasqua Lake and \$5,000 CASH! Both the 2020 showhomes and the cottage were built by Ripplinger Homes. Our biggest ever 50/50 Add-On cash prize was won by Heather Birnie of Wawota, who took home an astonishing \$504,087.50!

Congratulations to all our winners, big and small. The proceeds from our lotteries will, as always, benefit the patients and families of our community through pediatrics and all the other important medical programs and services our hospitals provide to people in Regina and southern Saskatchewan.



Lakefront cottage winner, Anita Jadischke



Showhome winners Diane and Wayne Meier



Summary Statement of Financial Position

As at December 31, 2020 with comparative information for December 31, 2019

	2020	2019
Current assets		
Cash	\$ 635,597	\$ 232,477
Short-term investments	25,566,106	23,009,099
Pledges and planned gifts receivable	2,257,886	2,596,550
Other	889,812	405,352
	29,349,401	26,243,478
Investments	23,092,289	19,811,959
Tangible capital assets	186,641	206,043
	\$ 52,628,331	\$ 46,261,480
Liabilities and deferred contributions		
Accounts payable	\$ 738,770	\$ 861,560
Deferred pledges and planned gifts	2,257,886	2,596,550
	2,996,656	3,458,110
Net assets		
Invested in tangible capital assets	186,641	206,043
Operating reserve	2,000,000	1,000,000
Designated funds	38,483,237	33,569,525
Endowment and special purpose funds	8,961,797	8,027,802
	49,631,675	42,803,370
	\$ 52,628,331	\$ 46,261,480

Summary Statement of Operations and Changes in Net Assets

For the year ended December 31, 2020 with comparative information for the year ended December 31, 2019

	2020	2019
Revenue		
Charitable giving	\$ 4,069,074	\$ 7,589,425
Charitable gaming	4,178,438	4,172,041
Investment income (loss)	2,571,103	2,666,987
	10,818,615	14,428,453
Expenses		
Fundraising, administration and communications	1,681,058	2,109,266
Excess of revenue over expenses	9,137,557	12,319,187
Net assets, beginning of year	42,803,370	34,282,093
Distributions to Saskatchewan Health Authority	(2,309,252)	(3,797,910)
Net assets, end of year	\$ 49,631,675	\$ 42,803,370

These summarized financial statements of Hospitals of Regina Foundation Inc. are derived from the complete financial statements as at and for the year ended December 31, 2020, prepared in accordance with Canadian Accounting Standards for Not-for-Profit Entities.

The complete audited financial statements of Hospitals of Regina Foundation Inc. are available at <https://www.hrf.sk.ca/News-Media/Annual-Reports>



Katrine White
Chair
 President & CEO
 SecurTek



Rachelle Verret Morphy
Vice Chair
 Vice President, Law, Land
 and Regulatory Affairs
 SaskPower



Balvinder Gill
 Vice President of Operations
 Group Medical Services



Jordan Hardy
 Partner
 MLT Aikins LLP



Rick Hoffman
 Executive Vice President and
 Chief Financial Officer
 Farm Credit Canada (retired)



Dr. Andrea Lavoie
 Interventional Cardiologist
 Cardiac Care Unit,
 Mosaic Heart Centre
 Regina General Hospital



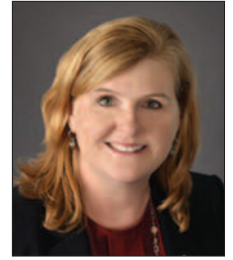
Shelley Lipon
 Global CSR Executive Lead
 SNOMED International



Tom Newton
 Vice President and General
 Manager
 Rawlco Radio



Blaine Pho
 Managing Director
 TD Asset Management



Tafaline Wall
 Senior Private Banker
 BMO Private Wealth

COMMITTEE MEMBERS OF THE BOARD

Chair of the Board:
 Katrine White

Vice Chair of the Board:
 Rachelle Verret Morphy

**Management Liaison
 Committee:**

- Katrine White, Chair
- Jordan Hardy
- Rachelle Verret Morphy
- Tafaline Wall

**Audit and Finance
 Committee:**

- Rick Hoffman, Chair
- Shelley Lipon
- Tom Newton
- Blaine Pho

LAST YEAR IN REGINA'S HOSPITALS



22,056
SURGERIES
PERFORMED IN
REGINA'S HOSPITALS



17,871
MRIs PERFORMED
AT REGINA
GENERAL HOSPITAL



1 IN 5
VISITS TO REGINA'S
EMERGENCY
ROOMS ARE
CARDIAC RELATED



328
OPEN HEART
SURGERIES
PERFORMED



2,559
VISITS TO THE
PEDIATRIC
OUTPATIENT PROGRAM



42,785
CT SCANS
PERFORMED



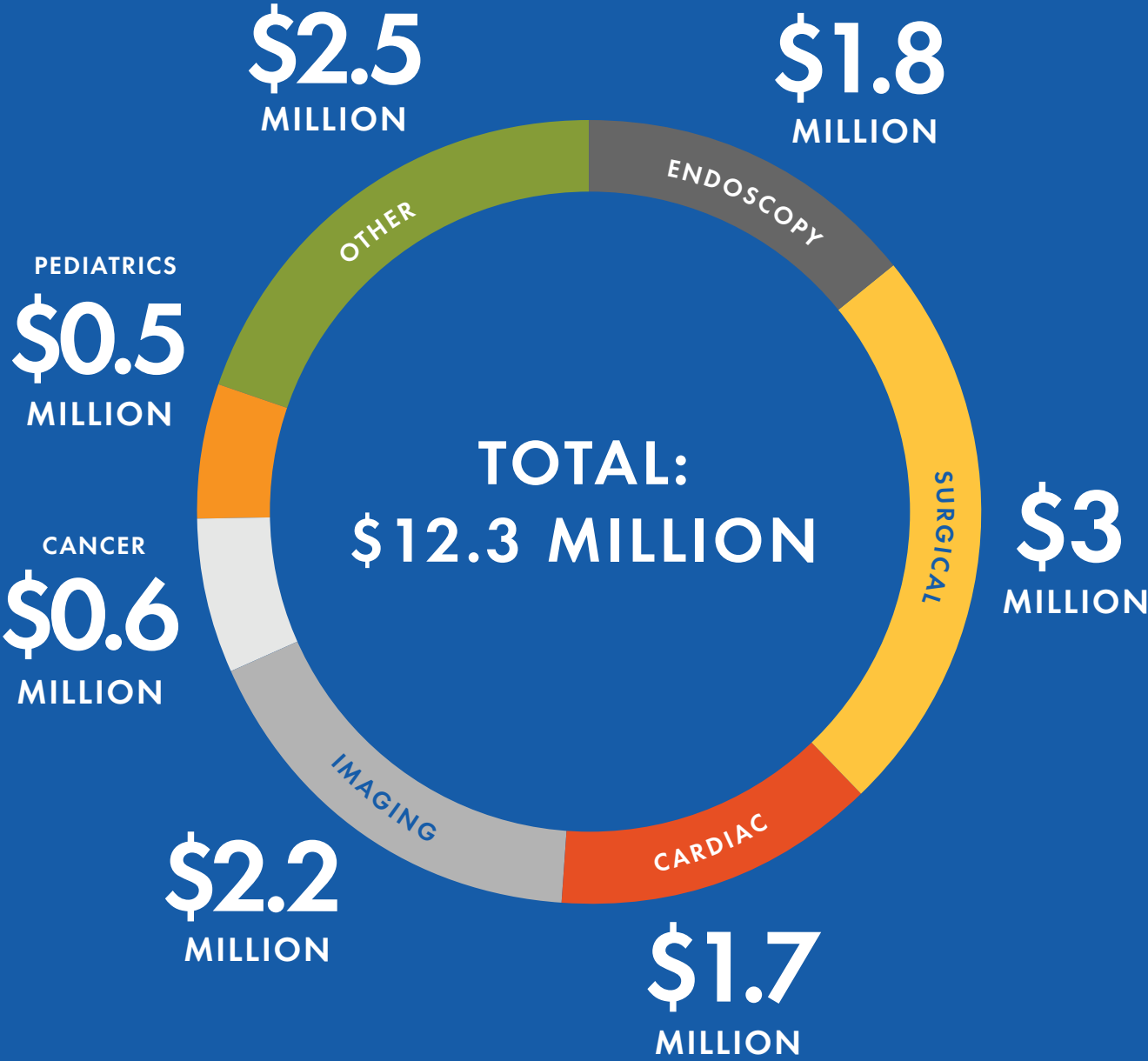
18,670
PATIENTS AT THE
EYE CENTRE



450
BABIES NEEDED
REGINA'S NICU



14,140
VISITS TO THE
CHILDREN'S PROGRAM AT
WASCANA REHAB CENTRE



*Projects the Foundation has committed to support, not yet completed.



HOSPITALS OF REGINA®
FOUNDATION

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Charitable Registration Number: 119114056RR0001