

# Inspire

SPRING 2017

STORIES FROM OUR COMMUNITY

## GMS PLEDGES \$1 MILLION MATCH *in support of Trauma Care Campaign*

As the 30th anniversary year of Hospitals of Regina Foundation (HRF) rolls out, a renewed partnership between the Foundation and GMS (Group Medical Services) will help pave the way for improved trauma care in Regina's hospitals.

On April 19, the Foundation launched its Trauma Care Campaign with a major commitment from GMS and also the establishment of the GMS Trauma Care Fund. Through the fund, GMS will match donations up to \$1 million in support of the Trauma Care Campaign. This exceptional commitment means every donation will have twice the impact. The GMS Trauma Care Fund will support the growing needs within Regina's hospitals, ensuring doctors and nurses are equipped with the technology they need to provide life-saving care to those requiring critical care.

"GMS is extremely proud to invest in HRF's Trauma Care Campaign through the establishment of the GMS Trauma Care Fund," says John Salmond, president and CEO. "We care deeply about the health and well-being of this community. An important part of that commitment means building on our long-standing partnership with the Foundation to make lives better, now and for years to come, through the GMS Trauma Care Fund."

The need for trauma care can happen at any moment. It could be the result of a



vehicle collision on a busy highway, a head injury at a sporting event, a farm accident, or even a significant fall at home.

Trauma patients need many services in Regina's hospitals. The demand on our emergency departments, surgical, intensive care and medicine units continues to grow. In 2016 alone, the Regina General Hospital and Pasqua Hospital saw 1,547 serious trauma care cases. That is more than four per day.

With your help, the Foundation is committed to raising \$3 million in support of the Trauma Care Campaign. Funds raised will support the purchase of life-saving equipment and technology in all areas of our hospitals, ultimately helping people live better lives.

"The tremendous support we have received from GMS will play a critical role in making better lives in our community by ensuring our hospitals can provide the very best in trauma care.

The establishment of the GMS Trauma Care Fund will allow us to support trauma services in our hospitals well into the future," says Dino Sophocleous, president and CEO. "GMS is an established donor and we are not only pleased to announce their GMS Trauma Care Fund, we couldn't be happier to announce GMS as an official 30th anniversary partner."

Since 1977, GMS has donated \$2.1 million towards a number of key areas of care within our three hospitals, helping us provide exceptional health care to the people of southern Saskatchewan. The Regina-based not-for-profit health and travel insurance company has touched the lives of so many by supporting services in areas such as imaging and cardiac, pediatrics, emergency services and now trauma care, through the Foundation.



HOSPITALS OF REGINA  
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Ming Lien

Imagine waking up one morning and discovering you can't walk. It was a reality that Ming Lien would face in the winter of 2007 after her right leg went numb without warning.

# Walking away *with a new lease on life*

"It felt like there was no signal in my leg at all," says Ming. "I suffered a serious fall the year before where I hit my head and legs on the pavement. I thought maybe I had done more damage to my body than I first realized."

The former Regina restaurant owner and mother of two tried to persevere, but in her heart of hearts, she knew something was wrong.

"Weeks went by and my leg was not getting better. I was forced to limp everywhere I went," she says. "I didn't want to alarm my family, but I was overcompensating a lot to deal with the pain."

In search of answers, Ming went to her family physician in early 2008. That visit translated into a number of more focused examinations, including an orthopedist, a muscle specialist and an MRI. While Ming and her family grew increasingly concerned, she appreciated the support she received from Regina's health-care community.

"I was born in Vietnam. Many of my relatives live across North America. There is no question we have some of the best health-care services right here," she says.

Shortly after Valentine's Day, Ming received the results of her MRI and they were anything but sweet. Doctors discovered a tumor on her T1 vertebra.

The T1 vertebra is the first and smallest of the 12 thoracic vertebrae that make up the body's spinal column. Doctors explained that surgery was her best option, but cautioned her that there was a risk she may never walk again.

"I experienced a mixed bag of emotions after my diagnosis," she admits. "At first, I was relieved that I found out what was wrong with me. It took a couple days for it to sink in that this was serious and I may have cancer. Even so, I had an overwhelming feeling that I would be okay. I had faith in our hospitals."

Ming's surgery was a success and the tumor was found to be noncancerous. Ming's life-changing operation was made possible thanks to investments made by Hospitals of Regina Foundation, including its 2014 surgical campaign that helped equip Regina's operating rooms with more than 37 pieces of new equipment and technology.

She followed up her hospital stay with a brief stint at the Wascana Rehabilitation Centre to re-build the strength in her leg. Today, she is not only walking again, but running, as she tries to keep up with her new grandson.

"This is one of the few times where I don't have the words to express how thankful I am," she says. "Like many people, I never thought I would require hospital care. The support of the Foundation and its donors helped me get back on my feet – literally. That means the world to me."

# Long-time community groups have a vision for giving back



*Left to Right: Morley Thomson, Don McKimmon, Dino Sophocleous, Dwayne Pearce, and Karen Kimpton*



*Jakki Crowe, Marion Kelly and Laura Argue*

The results are quite impressive. Over the past 15 years, the Eye Centre at Pasqua Hospital has performed more than 400,000 procedures to help preserve the vision of people in southern Saskatchewan. Since 2002 alone, the Centre has seen 314,000 patient visits. It is the generosity of individuals and community groups like the Odd Fellows & Rebekah Visual Research & Equipment Foundation and Canton Regina No. 1 Patriarchs Militant IOOF that continue to make it all possible.

Both groups are long-time supporters of Hospitals of Regina Foundation (HRF) and the Eye Centre. In 2016 alone, they teamed up to provide a gift of more than \$94,000 towards improved eye care services in our community. Over the past 29 years, the Odd Fellows and Rebekahs have donated more than \$584,000. In addition, Canton Regina has contributed nearly \$258,000 since 1985.

Their support has helped the Foundation equip the Centre with

innovative tools and technology, including major ocular surgery trays with ophthalmic surgical instruments, a specular microscopy and an OCT Heidelberg anterior chamber segment module.

“We never imagined we would have this kind of impact on the community,” says Laura Argue, secretary of the Odd Fellows & Rebekah Visual Research & Equipment Foundation. “Still, our vision nearly three decades ago is the same one that drives us today. We are committed to supporting eye care research and treatment. Giving back is a way for us to help our fellow man.”

Dwayne Pearce, past captain of Canton Regina No. 1 Patriarchs Militant IOOF, echoes those sentiments.

“A person’s eyesight is a precious gift,” says Dwayne. “It is heartwarming to know that we have touched the lives of many in our community and that we are helping them live better lives.”

Bev Alfano, director of the Eye Centre, Ambulatory Care and Medical Outpatients agrees that the impact of both donors has been tremendous.

“Our ability to provide top-quality, standardized eye care to the people of southern Saskatchewan has never been stronger,” says Bev. “Patients benefit from such features as cutting-edge technology, dependable diagnoses and less invasive treatment for a variety of ocular conditions.”

Dr. Jeffrey Judelson, an eye specialist at the Pasqua Hospital, has built a strong relationship with both community groups over the years. He says the Eye Centre is very fortunate to have such committed, supportive donors willing to make a difference.

“It is a special feeling knowing there are people in the community committed to the work we do,” says Dr. Judelson. “Their investments have meant that my colleagues and I are able to deliver care to our patients equal to any of the finest institutions in North America. We are incredibly grateful on behalf of our patients for that.”

“Through their continued support of the Foundation both groups have made a meaningful difference in the lives of those who use the Eye Centre,” says Jakki Crowe, HRF’s manager of individual and legacy giving. “Their generosity has helped give the gift of sight to thousands of people in our community.”



# Nine years later:

## *The Koch family's road to recovery*



*Daryl, Amanda, Dawson and Carter Koch*

One of the few struggles Amanda and Daryl Koch have these days is trying to raise two teenage boys who think they know everything. Back in the winter of 2008, that was the furthest thing from their minds.

Many people remember the Koch family's story. Almost nine years ago, all four required emergency hospital care after they were involved in a head-on collision. Before that day, they had only

ever needed the Regina General Hospital (RGH) for the birth of their sons. But after the accident, there was a family member on every floor.

Amanda still marvels at how far her family has come since then.

"We are a living, breathing example of how Hospitals of Regina Foundation's (HRF) donors help save lives," she says. "I nearly lost my oldest child. My

husband suffered severe trauma to his lower extremities. My youngest son experienced a serious spinal column injury. To have them recover, to the best of their abilities, is amazing and speaks to the quality health-care services available in our community."

Trauma cases impact all services in Regina's hospitals, including emergency departments, surgical, intensive care and medicine units. In 2016 alone, the



# HOSPITALS OF REGINA FOUNDATION 30-YEAR HISTORY

1889

**MARY E. TRUESDELL OPENS REGINA'S FIRST HOSPITAL**

Mary Truesdell's *Home for the Care of the Sick*, located in her two-story home, was a welcome addition to late 1880s Regina. Before then, people were forced to travel to Medicine Hat for medical care. Situated in what is now part of the downtown core, at the corner of McIntyre and 11th Avenue, Truesdell's hospital featured six beds – four for men and two for women. Her vision would eventually lead to the development of the hospitals we have today.



1987

**REGINA HOSPITALS FUND RAISING SOCIETY INC. IS INCORPORATED ON APRIL 7, 1987**

The three executive directors of Regina's hospitals – Royce Gill, Regina General Hospital (RGH), Harvey Fox, Pasqua Hospital/Plains Health Centre and Gren Smith-Windsor, Wascana Rehabilitation Centre (WRC), decide to launch a lottery to help fund critically-needed capital items for their respective hospitals.



**FOUNDATION FOUNDERS**

Four local businessmen are approached to fundraise for much-needed hospital equipment – Norm Bradshaw, Don Black, Reg Johnson and Bob Watt. They launch initiatives such as Black Tie Bingo and tear-away tickets (Nevada tickets).



**FIRST HOME LOTTERY LAUNCHES**

The Lottery sells 6,000 tickets through sales in the four hospitals. It raises \$180,000. Over the next 30 years, it will raise more than \$35 million.



1997

**LIFE IS WORTH GIVING CAMPAIGN LAUNCHES**

The goal of the campaign is to raise \$12 million for much-needed new and replacement equipment, such as an MRI machine. It would surpass this goal by \$1 million.



1999

**SOUTHERN SASKATCHEWAN'S FIRST MRI**

A southern Saskatchewan first, the SaskTel MRI Centre, is established in April 1999.



2006

**BREAST ASSESSMENT CENTRE OPENS**

The Foundation helps equip the Centre with leading-edge breast imaging and diagnostic tools that offers patients a streamlined process enabling them to undergo several procedures in one day.



**A SECOND, ANNUAL LOTTERY IS ADDED**

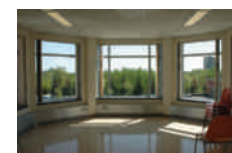
In fall, HRF launches its first Lifestyles Lottery. Proceeds go towards pediatric care. Tickets sell out in three weeks.



2009

**WOLFE STROKE CARE UNIT OPENS**

The Unit officially opens in WRC on June 3, 2009 and is part of the Stroke Care Network of Excellence. The Unit is a best-practice model for the optimal way to help patients recover quicker from stroke.



**EYE CENTRE**

The four-room RGH eye clinic merges with Pasqua Hospital's clinic to support standardized eye care for people across southern Saskatchewan.



2010

**RAWLCO CENTRE FOR MOTHER BABY CARE GRAND OPENING**

The Centre opens Nov. 2, 2010 and is viewed as one of the most advanced and family-friendly facilities in Canada.



**DILAWRI SIMULATION CENTRE OPENS**

The state-of-the-art simulation centre opens June 8, 2012 and is modeled after some of the most effective teaching programs in Canada.



2014

**POTASHCORP MILLION DOLLAR MATCH SURGICAL CAMPAIGN**

PotashCorp commits a \$1 million matching gift to HRF's surgical campaign. In total, 2,250 businesses and individuals have their donations doubled by PotashCorp between Feb. 28 and June 30. The campaign exceeds all expectations and raises an incredible \$2.5 million.



2015

**GMS CARDIAC RHYTHM DEVICE CLINIC OPENS**

This newly upgraded clinic allows for facility improvements and the introduction of a digital electrocardiogram (ECG) testing, file management and storage system to better serve patients who require specialized cardiac care services.



1987

2017

1987

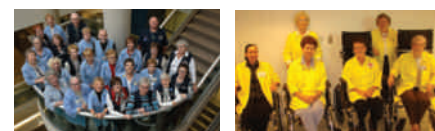
**FIRST ANNUAL Z99 RADIOTHON**

The Z99 Radiathon first hit airwaves in 1987. Over the next 30 years, it will help raise more than \$7 million for Hospitals of Regina Foundation to purchase life-saving equipment for the NICU in the Rawlco Centre for Mother Baby Care at the RGH.



**REGINA GENERAL HOSPITAL AND PASQUA HOSPITAL AUXILIARIES**

The women's auxiliaries establish themselves as key donors to the Foundation.



1990

**REGINA HOSPITALS FUND RAISING SOCIETY INC. CHANGES ITS NAME**

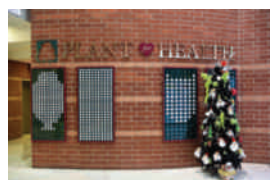
Formerly called the Regina Hospitals Fund Raising Society Inc., the name is changed to Hospitals of Regina Foundation (HRF) on April 25, 1990.



1991

**PLANT FOR HEALTH INITIATIVE LAUNCHES**

Plant for Health is a tribute program designed to support the equipment needs of the WRC. Trees can be purchased and planted in memory of a loved one. These trees and shrubs surround the WRC today. An engraved plate is also added to a special life-size tree mounted on the west wall as you walk inside the centre. The campaign ended in 2012.



2004

**OFFICIAL LAUNCH OF "SMALL IS BIG" CAMPAIGN IN SUPPORT OF THE MOTHER BABY CARE CENTRE**

A goal of \$6 million is set to furnish and equip the new Rawlco Centre for Mother Baby Care at the RGH.



2007

**MOSAIC HEART CENTRE OFFICIAL GRAND OPENING**

The Centre provides a comprehensive cardiac program that includes care for patients with acute heart problems, diagnosis of cardiac diseases and treatment. It is publicly named and celebrated on June 27, 2007.



**PROSTATE ASSESSMENT CENTRE IS FORMED**

Work begins on establishing this cutting-edge diagnostic centre for prostate cancer, in the Pasqua Hospital. It will also be a virtual reference centre linking patients with other key stakeholders and information on detection and treatment.



2011

**KINSMEN TELEMIRACLE FOUNDATION ELECTROPHYSIOLOGY (EP) LAB OPENS**

In November, the EP lab at RGH opens to the public. The lab treats patients who suffer from an irregular heart rhythm, called arrhythmia – a potentially life-threatening condition. The following year, the first atrial fibrillation ablation procedure is conducted – a first for the province.



2017

**CELEBRATING 30 YEARS**

We all know someone who will or has needed care in one of our hospitals. From a broken arm to open heart surgery, ensuring our hospitals are well-equipped to provide the best care possible, is critical now and in the future.

Over 30 years, our donors have helped us raise more than \$165 million that has been invested in a broad range of expanded health care services, education and patient-centred research.



HOSPITALS OF REGINA FOUNDATION  
Better lives.  
Made possible by you.



# SaskTel's generosity leads to better lives



Katrine White, SaskTel Vice President, Consumer Sales and Solutions, and Dean Renwick, Dean Renwick Design Studio

The Hospitals of Regina Foundation (HRF) would like to thank SaskTel for their presenting sponsorship of the 2016 Moustache Bash in support of HRF and the Prostate Assessment Centre at Pasqua Hospital.

Regina's Prostate Assessment Centre is a key centre for men's health care in southern Saskatchewan. Last year alone, 534 biopsies were performed, with men benefitting from features such as private examination rooms, specialized areas where they can recover with dignity, and accessibility to doctors, specialists and support groups.

Thanks to SaskTel's generous sponsorship, men in our community can live better lives.



## Infant's emergency journey made easier thanks to excellent care



Mathieu Leonard, Mateo, Maria and David Guzman

It was around midnight on Oct. 17, 2016 when Maria and David Guzman awoke to the sound of their son, Mateo, gasping for air over the baby monitor. They immediately rushed to his side and knew they had to get to the emergency room. At first, the young parents thought they could drive him themselves, but soon realized they needed to call 911.

"It's every parent's worst nightmare when you realize you have to call 911," says David. "But, when your five-month-old baby is struggling to breathe, you do it without hesitation."

Mathieu Leonard and Trisha Hanson of Emergency Medical Services (EMS) arrived within minutes. Mateo's airway was closing due to a bad case of croup. Mathieu administered a dose of epinephrine to alleviate the swelling and continued to monitor him on the way to the Regina General Hospital (RGH).

"I was worried and Mathieu helped calm me down so that I could focus my energy on my son," says Maria. "He and Trisha went above and beyond the call of duty. They are responsible for saving our baby's life."

Mateo is one of 225 cases of children under the age of three that EMS responded to in 2016. While emergency calls that involve sick or injured children often require a unique set of skills, the support provided by Hospitals of Regina Foundation (HRF) continues to make all the difference. Mathieu says he and his colleagues are fortunate to have the tools they need to help save lives.

"Our ambulances are equipped with pediatric house kits that are colour-coded to a patient's weight. In an emergency, they ensure we have properly sized equipment and medication dosing ready," he says. "The Foundation has also provided us with mobile data terminals that allow paramedics to communicate with dispatchers. In Mateo's case, the call came from a new residential development. The information passed on allowed us to get to his home quickly and efficiently."

Once at the hospital, an emergency room physician took over. Mateo would spend two days in the pediatric unit before being discharged to recover at home. It was a stressful time for Maria and David, but they took comfort in knowing their son was receiving the best possible care.

"We were fortunate that a great team was looking after our son," says David. "It is heartwarming to watch complete strangers treat your child as if they are one of their own. Everyone was so caring and they were constantly checking in on him, providing us with regular updates."

Throughout his 10-year career, Mathieu has seen firsthand how patients, like Mateo, benefit from the support of the Foundation and its donors.

"Supporting HRF is about ensuring we have the best health care possible, in this community, close to our families and loved ones," he says. "As a donor myself, I am happy to know the funds I have given likely benefitted a friend or neighbour."

David agrees that our donors are special people.

"Often times you don't get to see where your money goes or who it helps," he says. "We have a happy, energetic eight-month-old with us today because you chose to support our hospitals. This experience has reaffirmed just how important the Foundation is to this community."

Regina General Hospital and Pasqua Hospital saw 1,547 serious trauma care cases. Your support helps our hospitals provide life-saving care to people like the Koch family in their time of need.

Today, they have begun a new chapter of their lives, one filled with promise and a renewed sense of normalcy. Thanks to the exceptional care they have and continue to receive at Regina's hospitals, their journey has been nothing short of inspirational.

Amanda's shattered arm has healed. Daryl is on the mend after spending months at RGH and the Wascana Rehabilitation Centre recovering from multiple surgeries on his left hip and legs.

Carter, now in Grade 9, recuperated well and remains an active, sports-loving teenager. His older brother, Dawson, has had two major surgeries since 2013 to reconstruct his spine and pelvis. He meets regularly with doctors to monitor his progress. The resilient 17-year-old has not slowed down and is driven by his goal of one day competing as a member of the Canadian Paralympic Team in sledge hockey.

"We are healthy, happy and extremely grateful," she says. "One of the underlying themes has been how we could never have done it alone. There were so many people – doctors, surgeons, specialists and nurses – who played an important role in our survival and recovery."

Having spent considerable time at our hospitals over the past nine years, Dawson agrees that he and his family have been blessed with amazing care.

"In 2017, I will have spent more time in a wheelchair than on my own two feet," says Dawson. "I can't say enough about how my doctors continue to help me with the transition. To this day, they make me feel safe and they have a positive outlook when it comes to my recovery. My family and I are fortunate to have such amazing, caring people in our lives."

Dr. Alan Beggs, Orthopedic Spine Surgeon, Regina Qu'Appelle Health Region, says he and his colleagues are able to provide patients with quality care thanks to the support of the Foundation and its donors.

"The Koch family, and Dawson in particular, serves as an example of how life can change in the blink of an eye. On average our hospitals see four trauma care cases per day. It is only through the generosity of the community and its commitment to our hospitals that we have the tools to provide world-class care," says Dr. Beggs. "That support enabled us to save their lives and to provide exceptional rehabilitation services to the point where the family is beyond the healing stage and is now able to return to the exciting lives that lay before them."



Dawson Koch and Dr. Allan Beggs

It is that same optimism that leaves Amanda excited about the future and deeply appreciative of how HRF's donors have given her family a new lease on life.

"Every second of every day, we are thankful for your investment in our family. We are here today because of you," she says. "Our story is one of many that happen every day in our community. There will be other families who will require hospital care and who will need to rely on our health care services. The impact you have is tremendous."

"The Koch family's trials are an example of how an accident and resulting trauma can change lives," says president and CEO Dino Sophocleous. "Ensuring we have the right equipment and technology in place ensures that patients like them receive the care they deserve."

# Alliance Energy

## *builds a culture of giving*



*The Alliance Energy team*

Alliance Energy's Paul McLellan has seen just how far Hospitals of Regina Foundation (HRF) has come over the past 30 years, and is thrilled that he and his company have been a part of the journey.

"I served on the first committee that went out into the community looking to raise money for Regina's hospitals," says Paul, Alliance's chief executive officer. "Since then, it has been amazing to watch southern Saskatchewan embrace HRF and its commitment to investing in top quality health-care services."

For Alliance Energy, giving back is a part of its culture. Like many companies operating in Saskatchewan, it has a vested interest in being a good corporate citizen. A significant part of that commitment means ensuring the organization has a positive impact on the communities where its employees work, live and raise their families. With the company's head office located in

Regina, its support of HRF remains an important priority.

"We take great pride in our partnership with the Foundation. There is nothing more important than building strong and healthy communities for the people of this province," he says. "Our employees have worked on many projects within our hospitals where they have seen firsthand the impact their support has on the well-being of our people."

Building on the relationship its predecessors first established with our hospitals in 1984, Alliance Energy continues to support many key health-care services. That includes the Rawlco Centre for Mother Baby Care, the Prostate Assessment Centre, Pediatric Services and Emergency Medical Services.

"Countless babies, mothers and families benefit from the advanced services provided by the Rawlco Centre," says Nicki Bayfield-Ash, executive director, women's and children's health. "Partners like Alliance Energy ensure the Centre remains one of the most advanced and family-friendly facilities in Canada."

The company also played an important role in the Foundation's 2014 Surgical Campaign. Members of its senior management team donated \$89,500 that the organization then matched, for a contribution of more than \$179,000. That generosity helped purchase a new

ENT Navigation System that produces 3-D images of a patient's anatomy so surgeons can perform nose and skull-base surgeries with greater accuracy.

"The needs of our hospitals often mirror the priorities of our workforce," says Paul. "Many of the initiatives we support have touched us on a personal level. Together, we are doing our part to ensure everyone has access to the excellent care they deserve."

That same affinity for giving back has had a positive impact on the company's own culture. It is a shift that Paul believes can be measured by more than dollars and cents.

"It is about more than donating funds to a cause and then never thinking about it again. We recognize that our support has a direct impact on people in our community – our mothers, fathers, sisters and brothers," he says. "I view our employees, like all HRF donors, as real-life heroes. Time and time again they have rallied together to make a meaningful difference in the lives of so many. That is a credit to HRF and to each one of its donors."



## 30 years of HRF: *A new era in mother-baby care arrives*



*Helping so many little ones get the start in life they deserve*

As we celebrate our 30th anniversary, there have been many achievements, successes and milestones that have shaped our organization and Regina's hospitals over the past three decades. One such example is the opening of the Rawlco Centre for Mother Baby Care at the Regina General Hospital (RGH).

The people of southern Saskatchewan will long remember Nov. 2, 2010 as the day the Centre officially opened to the public. Joining in the celebration were dignitaries, children born at RGH, staff, donors and the public.

The Centre was designed to be one of the most advanced and family-friendly facilities in Canada. Its impact would be felt across our community and change how mother-baby care would be delivered in our province. With new equipment and significant renovations,

the Centre would include major enhancements for the Labour and Birth Unit, the Mother Baby Unit and the Neonatal Intensive Care Unit (NICU).

The fundraising journey began in 2004 with a major gift from Gordon and Doug Rawlinson, owners of Rawlco Radio, and launched with the Small is Big campaign for Hospitals of Regina Foundation. With the support of many other generous donors, the campaign raised \$6 million in two years for furnishings and equipment. It was an example of what our community could achieve when we all we shared a common vision.

Our hospitals always had good people providing good care. The opening of the Rawlco Centre meant we now had an environment that was as good as the care. Doctors and nurses were given the tools they needed to provide innovative, family-centered care for mothers, newborns and families.

The newly renovated Mother Baby Unit offered 36 private rooms with full bathrooms, baby baths and baby change areas. The Labour Unit included eight patient rooms where women could deliver babies in birthing beds, with leading-edge equipment close at hand. The space also featured two operating rooms for more complicated births requiring general anesthesia and caesarian section. Donations also helped equip 21 infant care stations in the procedures room to treat at-risk newborns.

**Did you know? In 2016, more than 4,200 babies were born at RGH, with more than 500 spending time in the NICU.**

Our community believed in the need for a better experience for mother's giving birth and their families. Driven by our donors, that vision became a reality with the opening of the Rawlco Centre for Mother Baby Care.

We look forward to the bold future that lies ahead, with a goal to invest in the best health care for everyone in our community. Because of you, our most dedicated donors, the Foundation will continue to support the critical work of our doctors and nurses, and to deliver on our promise of excellent health care in Regina and southern Saskatchewan.

Learn more about the history of the Foundation by checking out our 30th anniversary timeline that can be found starting on page 6 or visit our website at [www.hrf.sk.ca](http://www.hrf.sk.ca).



# Donor support

## *has positive impact on local doctor*



Dr. John Tsang

The Hospitals of Regina Foundation's (HRF) 2014 Surgical Campaign meant so much to so many in our community. For Dr. John Tsang, cardiothoracic surgeon at the Regina General Hospital, it has meant better care and outcomes for his patients.

In total, 2,250 individuals and organizations came together to help improve surgical care in Regina's hospitals. Spearheaded by PotashCorp's \$1 million match, the campaign raised \$2.5 million that allowed the Foundation to invest in more than 37 pieces of new equipment and technology for operating rooms in our hospitals. This included a new microscope for reconstructive plastic surgery, innovative cameras and video

equipment for less invasive keyhole surgery, and a specialized ultrasound for kidney operations.

"I continue to be amazed by the generosity of this community and the work of the Foundation," says Dr. Tsang. "There is an inherent willingness on behalf of our people to support our hospitals and the work we do. My colleagues and I would not be able to provide expanded and innovative care to our patients without you."

Dr. Tsang points to his own work for proof of that. Thanks to the support of our donors, the Foundation invested in a new ultrasound machine as part of the campaign. The upgraded technology provides 3-D imaging that allows Dr. Tsang and his colleagues to better monitor the heart, leading to more accurate procedures and treatment.

Each year, nearly 26,000 surgeries are performed at Regina's hospitals. Our investments have meant that doctors, like Dr. Tsang, can perform more advanced procedures, allowing patients to receive the best health care possible right here at home.

"Our goal is to ensure patients receive efficient and timely care, leading to speedier recoveries and better lives," he says. "Having access to new equipment and technology has led to increasingly innovative procedures and specialized treatments that benefit the people of southern Saskatchewan."

"The Foundation has a strong relationship with our hospitals and the community," says Dino Sophocleous, president and CEO. "It is the generosity of our donors that drives the organization and helps us invest in improved health-care services that people in southern Saskatchewan deserve."

**"Having access to new equipment and technology has led to increasingly innovative procedures and specialized treatments that benefit the people of southern Saskatchewan."**

Dr. John Tsang

## Better Lives. Made possible by you.

Fashion shows, tea parties and charity galas. Oh my!

Each year, our community's giving spirit is on display as individuals and organizations rally together to support a number of fundraising efforts in southern Saskatchewan. Their unwavering support, generosity and dedication continue to make better lives for everyone who needs Regina's hospitals.

RCMP Annual Community Fundraiser: \$30,000

China Night: \$12,000

The Moustache Bash: \$31,249

Teddy Bear Tea: \$17,229

Chinese New Year Celebration: \$13,910

An Evening in Greece: \$70,000

Z99 Radiothon: \$721,192

\*These are just some of the events held in support of Hospitals of Regina Foundation (HRF) between September 2016 and March 2017.



Interested in hosting your own fundraiser? Contact us.

Please support our hospitals by donating to HRF today.



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Better lives. Made possible by you.

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Charitable Registration Number: 119114056RR0001