

# Inspire

SEPTEMBER 2015

STORIES FROM OUR COMMUNITY



HOSPITALS of REGINA  
FOUNDATION

## TO BREATHE OR NOT TO BREATHE?

*That should never be a question*

What do we do most often every day, yet never think about?

We breathe. In one day, we take 20,000 breaths. Now imagine if you struggled with every one of those breaths, every single day.

That is the reality for thousands of patients in Regina's hospitals, including premature babies, those with neck injuries, people with cystic fibrosis, trauma accident victims, and severe asthma sufferers. Respiratory equipment is critical for these patients; they don't just need it to have a better quality of life, they need it to live.

Cory Dumalski never thought he'd be one of those patients. He never thought something as simple as breathing would take over his life.

Born on a farm west of Melville, Cory came to Regina to attend the University of Regina, eventually receiving a master's degree in Engineering. He stayed in Regina to work and enjoyed travelling with his wife and playing sports. Cory didn't think about how breathing was essential to doing all those things. He just lived his life.

In 2013, at the young age of 27, Cory's life took an unexpected turn.

At first he thought he had a chest cold, but when it progressed to where he was struggling to breathe even while sitting, he knew it was something serious.

"It was difficult," he recalls. "I didn't know what was wrong. Struggling to simply breathe is debilitating and stressful. My normal life as I knew it stopped."

Cory met with Dr. Zenon Belak, a Pulmonologist in Regina. He was eventually diagnosed with Sensitizer Induced Occupational Asthma. Cory had to leave his job permanently and then spent most of 2013 undergoing more testing and treatment at the Pulmonary Function Lab at the Regina General Hospital.

"I relied on respiratory equipment for my testing, diagnosis and treatment," he says. "It is so critical – everybody needs to breathe. I have no doubt this equipment saved my life."

Today Cory feels the best he's felt in a couple of years, though he still takes medication and undergoes testing every six months.

Respiratory equipment is in great demand in Regina's hospitals because it is needed for patients of all ages and for a variety of illnesses and traumas.



Cory Dumalski; Photo Credit: CJ Gibson

In fact, this equipment is in such demand that new equipment is urgently needed – some to replace old machines that are beyond repair if they break down.

Dr. Belak urges, "With donor support, we will have the advanced equipment we need to provide the best possible respiratory care. Donors can help save lives."

The Hospitals of Regina Foundation is committed to raising \$1 million in support of respiratory equipment.

**Your donation today will help save lives.** Please use the enclosed reply form and postage paid envelope or donate online at [www.hrf.sk.ca/donate](http://www.hrf.sk.ca/donate)  
**Thank you!**

# WELCOME DINO!

*The Hospitals of Regina Foundation staff and Board of Directors warmly welcome Dino Sophocleous as the new President & CEO*

Dino, who started in July, comes with over 20 years' experience in fundraising and management of non-profit organizations. Most recently, he served as the President of the Arthritis Research Foundation at University Health Network, in Toronto.

"The Hospitals of Regina Foundation has earned a great reputation thanks to partnerships with our donors that have been built and sustained over many years," remarks Dino. "At the heart of this organization is a community that not only gives, but cares about making a lasting difference in peoples' lives.

"I am inspired by the community's commitment and unwavering loyalty to our mission. I'm both humbled and privileged to serve with the Foundation and be able to help our donors support our hospitals."



## 2015 SPRING HOME LOTTERY

*The Hospitals of Regina Foundation's 2015 Spring Home Lottery was a sold-out success, raising \$1.8 million for patient care and safety equipment*

The spring lottery has been going strong for over 30 years, and the Foundation is grateful to everyone who buys tickets. How much have ticket-buyers raised in the past few decades through both the spring and fall Home Lotteries? Over \$31 million!

The top prize this spring was an incredible \$1.25 million custom-built Deveraux home, won by Eric and Erna Sander from Colonsay. The lucky winner of the 50/50 draw – taking home \$362,875! – was Tim Fesciuc. The third grand prize winners were Jamie and Glory Culig, who won the early bird prize – a choice between a new vehicle or \$75,000 cash.

HRF thanks all of our lottery ticket buyers across Saskatchewan over the past 30 years. We couldn't do it without your support!



Left, Tim Fesciuc pictured with Janet Wightman, HRF Board Chair; top right, Eric and Erna Sander; bottom right, Jamie and Glory Culig



## Thank You!



Donors did it again! The 28th Annual Z99 Radiothon raised \$770,001 in 36 hours for the Neonatal Intensive Care Unit (NICU) located in the Rawlco Centre for Mother Baby Care at the Regina General Hospital. Big thanks to PotashCorp for their matching donation of \$150,000. The Foundation also applauds CC, Lorie and Buzz and all the volunteers for another successful year.

In 2014, triplets Kenna, Marley and Drew Lillejord of Radville (pictured) spent 45 days in the NICU. Each baby weighed less than 3lbs at birth, and almost every piece of equipment in the NICU played a role in saving their lives.



# FAMILY GIVES DONATION TO HONOUR PARENTS

Whether acknowledging a milestone, like a birthday or anniversary, or honouring loved ones who have passed, giving through tribute is a special way to celebrate the lives of those we cherish.

For Gordon and Joan Brooker's four children, honouring their parents' memory with a donation to the Hospitals of Regina Foundation was an easy decision and a perfect way to celebrate their lives.

Gordon and Joan Brooker met in London, England during World War II, with Joan travelling to Victoria after the war in 1946 to marry Gordon. They made Vancouver their home in 1947 so Gordon could complete his education as a Chartered Accountant and to start a family.

In 1963, they moved to the Prairies with their four children, calling Prince Albert home. Their final move was to Regina in 1972 for Gordon's work as the managing partner of a major accounting firm.

Regina became their home for over 40 years.

Joan passed first, followed by Gordon. Says one of Gordon and Joan's sons, "After Dad's passing, the family quickly came together with the decision to make a significant donation in our parents' memory.



"Our parents supported numerous Regina charities over the years, including the Hospitals of Regina Foundation," he says, "So it was fitting

we honoured them by giving back to the community they loved. We know this gift will help a large number of people, and I think our parents would be very happy to know that."

The \$100,000 gift supports HRF's respiratory campaign and will purchase a bronchoscope with video

tower. This equipment enables medical staff to view a patient's throat and lower airways, and performs procedures to diagnose and treat acute, malignant, or chronic diseases. The Brooker family's gift will help reduce wait times for patients seeking diagnosis and treatment for respiratory illnesses.

HRF thanks the Brooker family for supporting Regina's hospitals and the thousands of patients who need respiratory equipment.

**For more information on tribute giving, please visit [www.hrf.sk.ca](http://www.hrf.sk.ca)**

## HRF Applauds the Dedication of the Hospital Auxiliaries

The Auxiliaries dedicate thousands of volunteer hours each year in support of raising funds for equipment in their hospitals. The Auxiliaries have raised more than \$6 million over the past 30 years through the hospital gift shops, raffles and used book sales!



Regina General Hospital Auxiliary



Pasqua Hospital Auxiliary

# WORDS TO LIVE BY

*Find a little love, peace and joy in every day*



“Contributing financially, to the best of our abilities for as long as we can, is our way of helping to make sure that others will benefit from this caring place. I know Jeanne would be proud,” says her husband Brian.

Thank you to the Leipert family – and all donors – who support cancer care services at Unit 3B. Donor support helps provide a comfortable, homelike environment for both patients and their families, and furnishes the unit with the best equipment and tools available.

*“Contributing financially, to the best of our abilities for as long as we can, is our way of helping to make sure that others will benefit from this caring place. I know Jeanne would be proud.”  
– Brian Leipert*

Finding love, peace and joy in every day was the guiding principle in Jeanne Leipert’s life.

To those who knew her, Jeanne is remembered as a dedicated wife to her husband Brian and a doting mother and grandmother. Her positive outlook never waned, even in the most difficult of times.

True to her character, Jeanne fought with courage and optimism against the cancer that eventually took her life 13 years ago. Unit 3B at the Pasqua Hospital was her final home in the months leading up to her passing and to this day, her family still recalls the tremendous care she received.

Unit 3B is the only in-patient oncology and hematology ward in southern Saskatchewan, where patients spend weeks or months – sometimes in isolation – while undergoing radiation and chemotherapy treatments.

Since Jeanne’s passing, the Leipert family has given generously as an ongoing legacy to honour her. Recently, the Leipert family funded the refurbishment of the Friends of Unit 3B donor wall to not only honour Jeanne, but to commemorate other donations made in support of Unit 3B.



Brian Leipert (left) with Dr. David McCutcheon, RQHR, in front of the Friends of Unit 3B donor wall



Jordan Eberle. Photo Credit: Kiriako Iatridis

HRF supporters and Jordan Eberle did it again: \$220,000 raised for children’s healthcare! On the heels of three successful Eberle & Friends golf tournaments, HRF invited Jordan and his friends back for an encore.

Jordan, a former Regina Pat and current right winger for the Edmonton Oilers says, “We accomplished a lot during the three years of the golf tournament and I was happy to return to wrap up the event. How can I say no when the focus is helping kids?”

Proceeds from the three golf tournaments funded a pediatric gamma camera, a cardiac ultrasound and established the High Acuity Area in the Pediatric Unit at the Regina General Hospital, which cares for seriously ill children. Funds from the 2015 event will purchase specialty

monitors for the High Acuity Area. In total, the four Eberle events have raised an amazing \$1.2 million.

Special thanks to The Co-operators who have been presenting sponsor for all four Eberle & Friends events. We appreciate the support of all 2015 sponsors, including our major sponsors: The Mosaic Company, Homes by Dream, SaskTel, Casino Regina, Greystone Managed Investments, S.O. Asher Consultants, Schaan Healthcare Products, and Radiology Associates of Regina. A big thanks to all the participants who showed their support by attending.

Raising \$1.2 million is an incredible legacy, which will be commemorated by a plaque in the pediatrics area honouring Jordan. Jordan is quick to refuse the credit, however, stating,

“It’s not about me. I’m thrilled I could have a small part among all the participants and sponsors, in supporting sick kids. I’m grateful for all the support from the people in Regina over the past few years, to HRF who brought these events to life, and to my friends who participated.”



## THANK YOU!

Through a gift of \$100,000 to HRF, the **Leader-Post Foundation** established an education fund that supports training and development for staff at the Rawlco Centre for Mother Baby Care. There were two recipients this year who applied for a scholarship from the fund: Leah Thorp and Tamara Dickin, both registered nurses. Pictured (left to right): Tom Sorensen, Manager, Neonatal Intensive Care Unit; Jeff Epp, LP Foundation Board; Jim Toth, Chairman, LP Foundation Board; Leah Thorp; and Bill Johnson, LP Foundation Board. HRF thanks the LP Foundation Board for their hard work in establishing this scholarship and creating an opportunity for Rawlco Centre staff to develop their skills and knowledge.



# THANK YOU TO C

In 2013, at the age of 23, Brianne Urzada was diagnosed with stage three Hodgkin's Lymphoma. During her fourth round of chemotherapy, she and photographer Kiriako Iatridis documented her experiences with the five stages of grief (denial, anger, bargaining, depression, and acceptance). They then turned that experience into a fundraiser. **Five Stages Art Show** debuted to much fanfare and exceeded expectations. The event raised over \$63,000. HRF received \$47,000 in support of laboratory equipment in the cancer clinic, and the remaining funds supported the Allan Blair Cancer Centre. Brianne is in remission and is pictured with her newborn son, Dr. Linda Nilson, and Kiriako Iatridis.

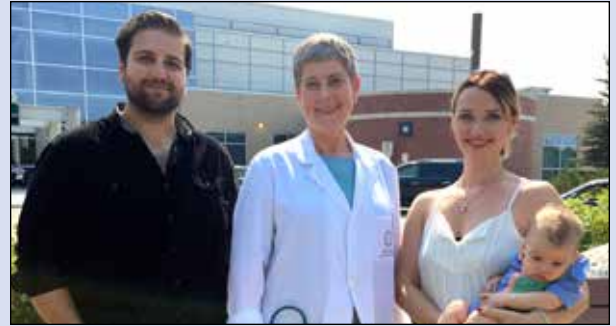


Photo Credit: White Lotus Photography

For seven years, Heidi Lindsay and Jim Grundy (pictured with their children Harriet and Oscar) have hosted the Annual **O.S.C.A.R. (Operation Someone Cares About Results) Charity Golf Classic** in gratitude for the care their son Oscar received. Oscar had major heart surgery when he was six months old in Toronto and received follow-up care in Regina. This year's tournament raised \$44,000 for the Regina General Hospital's Pediatric Outpatient Unit and the SickKids Hospital in Toronto.

Sink or swim? With just a few materials, teams were tasked with building a boat and rowing it across Wascana Lake at the **11<sup>th</sup> Annual Plywood Cup** hosted by the Canadian Progress Club Regina Centre. The event raised \$25,000 for pediatrics, bringing the total to \$360,000 over the years!



For 23 years, the Canadian Progress Club Regina Wascana has dedicated golf tournament proceeds to charities that support women, children and the terminally ill. HRF was chosen as the charity of choice for the **BMO Financial Group Champagne Classic** for the 18<sup>th</sup> year, with over \$45,000 going to pediatric care. Pictured are Tammy Slugoski and Christina Trithart from the tournament committee.

The **15<sup>th</sup> Annual Cardiac Care 5K Walk/Run** supports new equipment for the Cardiac Care Unit at the Regina General Hospital and the CCU Nurses' Education Fund. The event raised \$30,000, bringing the 15-year total to over \$335,000!



Rawlco Radio's 94.5 Jack FM hosted the **8<sup>th</sup> Annual Uncover the Cure Cocktail Party** in support of the Prostate Assessment Centre at the Pasqua Hospital. The event raised over \$78,000, bringing its 8-year total to \$810,000!

# OUR COMMUNITY



In 2004, Ray Mastalier (far left) created a vision for the first **Alliance Pipeline of Dreams Golf Tournament** in support of children's healthcare. In 2015, the event raised over \$80,000 with proceeds totaling \$640,000 over the past 10 years.

Sun Life Financial held their **5<sup>th</sup> Annual Sun Life Financial Charity Golf Classic**, raising \$52,000 for the Neonatal Intensive Care Unit, bringing the 5-year total to over \$150,000! Pictured (left to right): Mike Banham, Sun Life Global Investments; Brian Kilback, Sun Life Financial; and Nathan Amor, Sun Life Global Investments



Held every two years for the past 10 years, **The Power of Pink** supports the Breast Assessment Centre at the Pasqua Hospital. The 2015 event raised \$111,000 in support of women's breast health, bringing the 10-year total to \$410,000!



Motorcycle enthusiasts flooded Highway 11 for a great cause – 94.5 Jack FM's **Who's Your Daddy Ride for Prostate Cancer**. The 2015 event raised over \$16,000 for the Prostate Assessment Centre at the Pasqua Hospital, bringing the 5-year total to \$160,000.



The **Canadian Army Veteran Motorcycle Unit (Caen Unit)** raised funds for the Veterans' Unit at the Wascana Rehabilitation Centre (WRC). The Motorcycle Unit is made up of ex-army officers and friends who support Canadian veterans. The group presented a cheque for \$650 to HRF's Stephanie Kohlruss, with several veterans in attendance.



**COBS Bread Regina North** celebrated their first day of business by donating 100% of their opening day proceeds to the HRF, raising \$4,000 for pediatrics! Pictured (left to right): Andrew Yuen, Ashley Babey, Dino Sophocleous, HRF, and owners Julia and Rick Turchet.

# WHO IS PETIR?

## Generous donation brings incredible technology to Regina



Dr. Mendez is seen on the video monitor of a remote presence robot at a patient's bedside



Janet and George Partyka (left) are pictured with PeTir the robot, Dr. David McCutcheon, RQHR, and Dino Sophocleous, HRF

PeTir is the newest member of the medical staff at the Regina General Hospital. "He" has a video screen for a head, a microphone and speaker for a mouth, and a high-definition camera for eyes.

This incredible robot – also known as "remote presence technology" – was brought to life thanks to a \$220,000 donation from loyal HRF donor PTI (Partner Technologies Incorporated). PTI is a locally owned company that employs 125 people in Regina and has served Saskatchewan's transformer needs for 25 years.

George Partyka, CEO, PTI, says, "Helping the Foundation improve healthcare in our province is one way PTI can give back. PeTir provides medical staff with a great mechanism to improve patients' lives. PTI is proud and thankful to be in a position to be part of transforming healthcare in Saskatchewan."

Dino Sophocleous, CEO, HRF, remarks, "HRF is very grateful. George and PTI are leaders in the community. In fact, when any donor decides to give back, to change lives, they are all leaders and we applaud their dedication."

PeTir breaks down the barriers of time and distance between patients and doctors, offering doctors the opportunity to provide personalized care, either at a patient's bedside or from another hospital thousands of kilometers away. It also offers the ability to consult with medical teams about a patient, or in the operating room.

A doctor remotely drives PeTir to the patient's bedside or appointment, talks with the patient in real time, gets reports on vital signs like heart rate, connects with devices such as ultrasounds and stethoscopes, and makes decisions about the patient's care even if the patient is in a different room, hospital, city or country.

Dr. Ivar Mendez, Unified Head, Department of Surgery, College of Medicine, University of Saskatchewan, has spent the past decade pioneering the use of remote-presence robots for neurosurgery and primary care. He states, "Remote presence technology is important in the practice of medicine – now and in the future – as it allows medical expertise to be available in real time regardless of the location of the

patient. This is particularly important in Saskatchewan as we have many communities that do not have access to specialized healthcare.

*"PTI is proud and thankful to be in a position to be part of transforming healthcare in Saskatchewan."  
– George Partyka, CEO, Partner Technologies Incorporated*

"I am proud that our province is at the national and international forefront of implementing this technology."

Dr. David McCutcheon, VP, Physician & Integrated Health Services, RQHR, says, "This technology will allow healthcare providers to deliver timely care from anywhere in the world, even allowing for specialists in other areas of Canada and the world to consult during complex surgeries, as well as assessing patients on the units at Regina General Hospital. The RQHR thanks PTI and HRF for their dedication to improving lives."



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