



HOSPITALS OF REGINA®
FOUNDATION

Better lives. Made possible by you.

Thank you!



HOSPITALS OF REGINA FOUNDATION 2021 ANNUAL REPORT

OUR MISSION

In collaboration with our partners, Hospitals of Regina Foundation raises funds to improve health care for the residents of southern Saskatchewan.

OUR VISION

To be recognized as the best investment in health care for southern Saskatchewan.

OUR VALUES

Donor-centered

Fundamental interests and aspirations of our donors are paramount in our fundraising activities and stewardship.

Working in partnership

Continual fostering and strengthening of relationships within our community.

Forward-thinking

Innovative decision-making based on sound information.

Results-driven

Dedication to the fulfillment of our vision and mission.

Integrity

Professionalism and ethical standards guide all that we do.

TOP 5 REASONS DONORS SUPPORT HOSPITALS OF REGINA FOUNDATION

- 1 Their family and/or friends are affected
- 2 They believe in supporting a good cause
- 3 They want to help people
- 4 They want to give back to the community
- 5 They believe it is the right thing to do

IN APPRECIATION

During the past two years a large group of specialized workers have tirelessly and silently gone about their individual jobs with scarcely a word of complaint. These are the men and women that work in our city's three hospitals, to whom we all owe our deepest gratitude. While we were learning to deal with a worldwide pandemic through lockdowns, restrictions, social distancing, masking, and working from home, our health care staff, clinicians and support teams alike, adjusted on the fly to allow our hospitals to continue to function. It takes thousands of people to keep our health care system running; everyone from doctors, nurses and therapists, to security, kitchen, cleaning and maintenance staff, and administrators. While we had the luxury of looking after ourselves and immediate families, they took care of all of us when we needed it most. Beyond the pandemic, they also continued caring for the heart attacks, the cancers, the broken bones, the trauma cases, and the new born babies.

Together... we are experiencing the greatest health care challenge of our generation. Yet, through their strength and dedication, our hospital teams have persevered, helping to deliver the best care possible to our southern Saskatchewan community.

For this, we offer them our deepest and most sincere thank you for a job well done, in the face of the most difficult conditions.

Front cover photo L to R :
Dr. John Tsang, Cardiothoracic Surgeon
Dyneena Ruehs, Manager, Cardiac Care Unit
Charlene Huber-Flahr, Manager, NICU and Special Care Nursery
Dr. Hussan Ahmad, Neonatal Physician
Dr. Bhanu Prasad, Nephrologist



With the COVID-19 pandemic dominating the work of our hospitals and impacting every aspect of our economy, 2021 was as challenging as the previous year. Nevertheless, the Foundation's team, staff and volunteers alike, remained steadfast in their commitment to our community and the pursuit of our mission.

The Foundation operated in its pandemic emergency mode for most of the year, returning to our typical office operations in October, 2021. Our staff team performed admirably and with dedication, despite the long absence from in-person operations. Notwithstanding the pandemic challenges, the determination of our staff to deliver on our mission allowed us to continue to deliver on our promise of the best local healthcare possible in Regina and southern Saskatchewan.

Despite the challenges, the southern Saskatchewan community rallied to support the Foundation and our hospitals once again. In 2021 we experienced increased individual and corporate support, and our lottery program achieved record breaking revenues. We are

humbled by the dedication of our donors to our community's health care; your trust in our team and faith in our mission is a testament to the philanthropic spirit of Saskatchewan and our community's commitment to local health care.

Our commitments to our hospitals in 2021 totaled approximately \$5 million, including \$1.15 million for our pediatric programs, \$1.7 million for the Gastrointestinal Unit at Pasqua Hospital, \$600,000 for our Breast Assessment Centre, \$325,000 for our Emergency Rooms and \$200,000 in support of our Fellowships program, designed to recruit and retain medical subspecialists in Regina.

In addition, we committed \$150,000 to help establish Canada's Centre for Pandemic Research at the University of Saskatchewan's Vaccine and Infectious Disease Organization. We also took on new commitments, including \$1.5 million for a new Children's Cancer Clinic to ensure that kids in southern Saskatchewan get their cancer treatments as close to home as possible. These brought our total commitments to our hospitals to over \$15 million at the end of 2021.

No project, new technology or medical program in our hospitals is possible without the generosity of our donors. We are humbled by your confidence in our Foundation and honored by your commitment to our work.

Despite the challenges, 2021 was an exceptional year for the Foundation. We are grateful to all our volunteers, including our volunteer board of directors, the medical, support and management teams in our hospitals and the Saskatchewan Health Authority, our devoted staff team, and all of you – our partners, supporters and donors. The Foundation is simply an extension of your dedication to local health care. Your commitment and support allows us to deliver on our common objective of making lives better for everyone in southern Saskatchewan, right here at home. Thank you.

Katrine White
Chair, Board of Directors

Dino Sophocleous, CFRE
President and CEO



On behalf of the Saskatchewan Health Authority (SHA), I would like to thank Hospitals of Regina Foundation (HRF) and its generous donors for working in partnership with us to improve health care for the residents of Regina and southern Saskatchewan. Your support helps us purchase cutting-edge technology and equipment and sustain important fellowships, research initiatives and education programs that enable us to save lives and provide high-quality care for those in need.

For decades, HRF and its donors have been there for us as a partner to help advance key needs for our health system. Last year was no exception. HRF contributed \$5 million in 2021 to our highest priority needs at Regina's hospitals. These funds helped enhance

our pediatrics program and the critical life-saving care provided in our Neonatal Intensive Care Unit (NICU) in Regina, including new technology for babies needing care in transit. HRF also provided the Wascana Rehabilitation Centre Children's Program with new technology to help children move, communicate and play more easily and effectively. Beyond this, the Foundation and its donors provided support for our emergency rooms, our Breast Assessment Centre and for cancer treatment in Regina. These are just a few examples, but they demonstrate the breadth of support we receive from HRF and the donors who generously give to strengthen health care in southern Saskatchewan.

It is critical to think of this support not in terms of programs or services, but in terms of the impact it has on those we serve. Your support saves lives.

It gives critically ill people more time with the people they love. It shortens wait times for much needed care. It helps mothers and babies that may be struggling with a critical illness through their darkest hours. You help us be there for those most in need.

Our patients, residents and families benefit from the support of HRF and your generosity as donors and volunteers every day. For helping save lives and enhance care for those in need, thank you.

Sincerely,

Andrew Will
Interim Chief Executive Officer
Saskatchewan Health Authority

REGINA'S HOSPITALS



REGINA GENERAL HOSPITAL



PASQUA HOSPITAL



WASCANA REHABILITATION CENTRE

Improving Pediatric Care for our Children



Babies needing care in our Neonatal Intensive Care Unit (NICU) are typically born with a variety of health issues. In 2021, Hospitals of Regina Foundation invested \$1.15 million in pediatric care, including our NICU, in Regina's hospitals.

Thanks to our generous supporters, the Foundation invested \$600,000 in two new **Transport Isolettes**; an isolette is a device best described as a mobile, mini NICU. This is a crucial piece of technology used by our transport team to provide a fragile newborn with breathing support, cardiac monitoring and the necessary temperature and humidity levels while being moved from outside the city to our NICU.

In addition, we were able to help our NICU doctors provide the best care possible with the latest technology including a **Combined Ultrasound and Echocardiogram Machine**.

This advanced technology can quickly diagnose cardiac problems, collapsed lungs, brain bleeds or swelling, bowel issues and many other conditions in our tiniest patients by recording both the heartbeat and moving images of the heart at the same time. This technology will also help nurses insert IV lines and breathing tubes in their tiny patients.

In order to survive, babies in the NICU need both our talented medical teams and **Giraffe OmniBed Care-stations**. In Regina, we have 24 of these full-featured incubators and radiant warmers that allow medical staff to control temperature by converting from an open bed to a closed incubator at the touch of a button. When closed, the incubators provide stable temperature, humidity and oxygen levels personalized for each baby's need, and do not impact the caregiver or other babies in the unit. Thanks to our generous community, we are able to make

regular investments in these care stations, typically investing in three to four new ones every year.

In 2021 we also invested in a **Portable Cooling Device**, which will provide urgent help to babies deprived of oxygen at birth. This device reduces a baby's temperature and can prevent damage to brain tissue and promote healing during the critical six-hour window post-delivery to prevent neurological damage. Other new equipment also includes a **Bladder Scanner**, a non-invasive tool for diagnosing urinary tract dysfunction, and **Fetal Monitors** which continuously record the heartbeat of a fetus and the contractions of the uterus during labour.

Children in hospital will also benefit from new **specialty beds** at our inpatient unit at Regina General Hospital, that lower to the floor allowing small children or those in wheelchairs to easily get into and out of bed. Additionally, the Foundation invested in **sleep**



Giraffe OmniBed Care-Station

study equipment for our Children's Sleep Clinic which provides diagnosis and treatment options for children with sleep apnea, narcolepsy (a chronic sleep disorder characterized by daytime drowsiness and sudden attacks of sleep) and other sleep challenges.

Finally, children attending the various rehabilitation and therapy programs offered through the Wascana Rehabilitation Centre Children's Program will also benefit from the generosity of our donors. In 2021, the Foundation invested in a variety of technology and equipment, including **Eye Gaze Technology**, used by children with cognitive, communication or physical impairments to better communicate and learn. Children younger than 3 years of age will benefit from investments in **mini wheelchairs**. These wheelchairs are designed to help provide very young children with independence, while providing cognitive, physical and social benefits.

It is not just investments in technology and equipment that result in the best care possible for our children. That is why the Foundation also provided \$10,000 for pediatric nursing professional development in 2021. Professional development investments allow our medical teams to remain current and provide a long-lasting impact to our children.

HRF supports the formation of Canada's Centre for Pandemic Research



HRF's CEO Dino Sophocleous and VIDO's CEO Dr. Volker Gerdts during a tour of the research facility

To help protect Saskatchewan residents from emerging disease threats, Hospitals of Regina Foundation has invested \$150,000 to help establish Canada's Centre for Pandemic Research at the University of Saskatchewan's Vaccine and Infectious Disease Organization (VIDO).

This funding will help VIDO expand its ability to research and develop new vaccines through the addition of global scientific leaders and enhanced training. With the Foundation's help, VIDO is poised to lead Canada's response to future pandemic threats.

Our investment will support crucial vaccine research and the development of a made-in Saskatchewan COVID-19 vaccine, as well as other vaccines, that will positively impact the health of our southern Saskatchewan community and prepare us for the next pandemic.

During the COVID-19 pandemic, VIDO took a national leadership role, and the organization recently announced positive Phase 1 test results for COVAC-2, one of VIDO's COVID-19 vaccine candidates. Thanks to positive results in Phase 1 testing,

VIDO's COVAC-2 COVID-19 vaccine is currently in Phase 2 human trials. Additionally, COVAC-2 is set to be tested as a booster vaccine for use in Canada.

Dr. Volker Gerdts, President and CEO of VIDO, explains the importance of this centre when he says that "...VIDO already operates Canada's largest high containment facility, one of the most advanced in the world. By becoming Canada's Centre for Pandemic Research, we will use and expand this unique infrastructure to develop new vaccines from research to production".

WITH SUPPORT FROM HOSPITALS OF REGINA FOUNDATION, OTHER PRIVATE DONORS AND ALL LEVELS OF GOVERNMENT, CANADA'S CENTRE FOR PANDEMIC RESEARCH WILL SOON BE UP AND RUNNING, PROVIDING A MUCH NEEDED STEP IN BUILDING OUR PROVINCE'S CAPACITY TO DEAL WITH FUTURE PANDEMICS.

Farm Implement Companies support Vulnerable Babies



Dino Sophocleous, President and CEO, Hospitals of Regina Foundation
Nigel Jones, CEO of Vaderstad Industries
Sean Young, Assistant General Manager, Young's Equipment
Philip Korczak, Director, Sales, Vaderstad Industries

Each year, 500 babies need specialized care provided in our NICU, in the Rawlco Centre for Mother Baby Care at Regina General Hospital. Many of these babies are born outside of Regina, often in small rural facilities, and must be transferred to our NICU as quickly and as safely as possible. It is critical that our NICU transport teams have the advanced technology they need to provide premature babies with the best chance of survival as they are transported to our hospital.

Sophie and Vincent of Moose Jaw experienced first-hand the wonders of a transport isolette

when their daughter Alexia was born seven weeks prematurely. "The technology used to transport Alexia was simply amazing. Without it, I'm not even sure how we would have gotten her to Regina for the care she needed." Sophie says.

A transport isolette is a device best described as a mobile, mini NICU. It is a crucial piece of technology used by our transport teams to provide a fragile newborn with breathing support, cardiac monitoring and the necessary temperature and humidity levels. By 2021, our two existing transport isolettes had reached the end of their life-span and were increasingly at risk of failing. Both needed to be replaced, at a total cost of \$600,000.



One of two new Transport Isolettes, funded by HRF

THANKS TO A GENEROUS DONATION OF \$300,000 FROM YOUNG'S EQUIPMENT INC. AND THEIR PARTNERS, MACDON INDUSTRIES LTD. AND VADERSTAD INDUSTRIES INC., AND SUPPORT FROM OUR GENEROUS SOUTHERN SASKATCHEWAN COMMUNITY, WE WERE ABLE TO INVEST IN TWO NEW TRANSPORT ISOLETES, ALLOWING OUR NICU TRANSPORT TEAMS TO CONTINUE TO DELIVER STATE-OF-THE-ART CARE TO FRAGILE BABIES BORN ACROSS SOUTHERN SASKATCHEWAN DURING THEIR JOURNEY TO OUR NICU IN REGINA.

Regina family donates \$200,000 to 3D Mammography

Humble, kind and generous, with a loving and warm smile! That's how anyone who was fortunate enough to cross paths with Patricia Morsky remembers her. As a supporter of, and ultimately the winner of Hospitals of Regina Foundation's 2015 Fall Home Lottery Grand Prize Showhome, giving back was very important to Patricia.

In 1999 Patricia was diagnosed with breast cancer. This diagnosis marked the beginning of an extremely challenging period in her life. With typical resilience, and her positive attitude never wavering, Patricia underwent multiple treatments for her cancer until her doctors believed that it



3D Mammography in place at Pasqua Hospital

had gone into remission. Unfortunately, 10 years later Patricia's cancer returned, but this time more aggressively. Patricia underwent several more treatments and surgeries over the years, and through her strong will, unwavering spirit and resiliency, would fight the disease until her passing on December 20, 2019.

In 2020, Hospitals of Regina Foundation committed to raising \$600,000 to invest in Digital Breast Tomosynthesis technology, also known as 3D mammography, for our Breast Assessment Centre at Pasqua Hospital. In Patricia's memory, her husband Brian and four children, Bryce, Blake, Erica and Mark, initially donated over \$100,000 towards the investment in the new technology. Then, in order to help the Foundation meet its fundraising goal for this urgently needed technology more quickly, the family made a second gift of \$100,000 to match new donations from the community. Thanks to the Morsky family and our generous community, the Foundation successfully raised the funds in less than a year.

"Pat was always thinking of others, and would often respond 'I'm fine. I'm okay. Don't worry about me.' when someone asked her how she was doing." Brian Morsky says.



Patricia and Brian Morsky

"Her unselfish, loving and giving nature is why we wanted to give back to Hospitals of Regina Foundation. If even one person can be helped by our gift, then Pat and all of us would agree it was worth it."

3D mammography is an advanced form of breast imaging that uses a low-dose x-ray system and computer

generated reconstructions to create three-dimensional images of the breast. It aids in the early detection and diagnosis of breast cancer, and reduces the instances of false positives. Early detection is critical to successful outcomes, and the reduction of false positives will mean fewer women will feel the terror of hearing "there's something wrong" from their doctor.

New IR Suite at Pasqua Hospital Doubles Capacity



In 2018, Hospitals of Regina Foundation committed to investing \$2.2 million to create a new Interventional Radiology (IR) Suite at Pasqua Hospital. This investment would create a second IR Suite for our southern Saskatchewan community, doubling the capacity of our hospitals to deliver minimally invasive procedures. Thanks to the generosity of our community, the Foundation secured the funding necessary within 18 months, but the project was delayed due to disruptions caused by the COVID-19 pandemic. We are pleased to celebrate the recent opening of the Suite, which immediately began providing care to patients in need.

Interventional Radiology gives patients access to much needed, minimally-invasive procedures for the diagnosis and treatment of diseases in nearly every organ system in the body. Interventional radiology replaces traditional surgeries. It is less risky, causes lower pain levels and results in faster recovery times when compared to more traditional open surgical operations. IR involves a small incision (sometimes called a pinhole

incision) and relies on the use of medical imaging, such as X-ray and other imaging techniques, to precisely diagnose and provide targeted therapies. Last year, over 5,600 procedures were performed in our IR Suite at Regina General Hospital.

THE CREATION OF A SECOND IR SUITE AT PASQUA HOSPITAL IS PART OF THE FOUNDATION'S PLAN TO INVEST IN THE PRIORITY NEEDS OF OUR HOSPITALS AND INCREASE THE CAPACITY OF OUR MEDICAL TEAMS TO CONTINUE PROVIDING OUTSTANDING HEALTH CARE TO OUR SOUTHERN SASKATCHEWAN COMMUNITY.



Bryan Witt - Executive Director, Diagnostic Imaging, Saskatchewan Health Authority, Amanda Wood, Consultant, Community Investment, Farm Credit Canada and HRF President and CEO, Dino Sophocleous officially open the new IR Suite

Specialty Care Enhanced by HRF Fellowship Program



Fellowship recipient, Dr. Ernesto Figueiró-Filho

Regina's hospitals are major health care referral centres for approximately half a million people in southern Saskatchewan and access to medical specialists is a critical component of care for serious conditions. However, historically Regina has

had difficulty recruiting and retaining the range of medical subspecialists typically available in larger centres. Medical subspecialists are highly trained experts within an already small group of specialists. For example, pediatric psychiatry is a subspecialty of psychiatry.

Without these highly trained physicians our ability to grow our own subspecialists becomes challenging. When talented medical doctors are identified as a good fit for sub-specialty training, they mostly must leave the province, often for 2 years (with some leaving for as many as 4-5 years), to complete a fellowship at teaching hospitals outside of the province. While they are in training, particularly for an in-demand subspecialty, they often receive job offers from the hospitals they are training at. After calling a new city home for several years, it is difficult to encourage a newly trained subspecialist to return to Saskatchewan.

In 2020, Hospitals of Regina Foundation initiated a Fellowship Program, which identifies needed sub-specialties and potential fellowship candidates. Under this program, the Foundation provides financial support to doctors while they undertake their fellowship training, in exchange for a commitment to practice in Regina for a number of years upon completion of their training, with the intention to retain them permanently once they put down roots and make Regina their home.

The Foundation provided its first fellowship support in

2020 to Dr. Ernesto Figueiró-Filho. Dr. Figueiró-Filho was in his final year of training for a sub-specialty in Maternal-Fetal Medicine at Mount Sinai Hospital in Toronto. "Without the fellowship funding from Hospitals of Regina Foundation, I wouldn't have considered setting up a practice in Regina," notes Dr. Figueiró-Filho. "The city just wasn't on my radar". Dr. Figueiró-Filho began his practice at Regina General Hospital in December of 2021. "I'm so thrilled to join the Maternal-Fetal Medicine team and build a life in Regina," says Dr. Figueiró-Filho.

In 2021, Hospitals of Regina Foundation provided funding to three more doctors undertaking fellowship training, two in pediatric psychiatry and one in cardiac anesthesiology. All three will join the medical teams at Regina General Hospital upon completing their fellowships in late 2022. Providing support to grow the availability of subspecialists for our southern Saskatchewan community is a priority for the Foundation and we intend to continue this investment to help our community live better lives.

Regina couple supports Exceptional Health Care for future generations



Legacy donors, Mike and Marianne Giesinger

Who decides to leave a legacy gift in their Will to Hospitals of Regina Foundation? Quite often, it is people just like Mike and Marianne Giesinger of Regina, a retired couple who have a first-hand appreciation of the quality of health care available at Regina's hospitals.

In 2019, Mike underwent a series of diagnostic tests, including an ultrasound and a CT scan. He also required cataract surgery on both eyes, an operation he underwent at our Eye Center at

Pasqua Hospital, which sees over 18,000 patients a year.

Marianne's experience with our hospitals includes a hip surgically replaced in 2017 and knee replacement surgery in 2020. Like Mike, she also had cataract surgery at our Eye Centre in the same year.

Mike and Marianne have been supporting our hospitals since 1993. More recently, they decided to leave a legacy gift to the Foundation in their Will, to help ensure that future generations receive the same excellent care

they have benefitted from. They also encourage others to make the same commitment.

"We certainly appreciate how important it is to have quality health care available when you need it, as close to home as possible" Mike explains. "That's why we decided to leave a part of our estate to the Foundation. No one should ever be left behind when they need help."

"It's a great feeling to know we'll be able to help other people, even after we're gone," Mike says. "No one chooses to get

"THE FOUNDATION HAS REALLY DONE A GREAT JOB OF ENSURING OUR HOSPITALS HAVE THE LATEST TECHNOLOGY, IF WE CAN HELP THEM CONTINUE TO DO THAT IN THE FUTURE, WE'RE VERY HAPPY TO DO SO."

MARIANNE GIESINGER

sick, but sooner or later we're all going to be touched by illness, either directly or indirectly. If we can make that experience a bit easier for other families, we're glad to do it. We'd love for that to be our legacy to our community."

The Giesingers' story is a wonderful example of the value our donors place on supporting the highest quality health care for future generations. Mike and Marianne's generosity is a great example of Saskatchewan's philanthropic spirit. Their legacy will help us deliver on our promise to our community of the best care possible, now and in the future.

Foundation investment supports specialized cancer treatment right here at home



Ed Rossie and companion, Fletcher

For people living with neuroendocrine tumours (NET), a rare cancer that can grow rapidly and spread throughout the body, hope is hard to come by. When the cancer cannot be removed surgically, survival rates may be as low as 25%. Treatments are designed to protect quality of life and keep the cancer from progressing. One type of treatment, which has provided encouraging results in extending

patients' lives, is Peptide Receptor Radionuclide Therapy (PRRT). The treatment is complex and uses radioactive material requiring specialized equipment to keep both the patient and the medical team safe.

Thanks to generous support from our community, including a major gift from the C. & J. Ekong Charitable Foundation, Hospitals of Regina Foundation recently invested in the required specialized protective

equipment to allow the Nuclear Medicine Unit at Pasqua Hospital to deliver Peptide Receptor Radionuclide Therapy to patients, right here at home.

Prior to this investment, patients in southern Saskatchewan needing this therapy were sent to Saskatoon or Edmonton for treatment.

This was the case for Ed Rossie, a lifelong resident of Regina and the Regina Beach area. Ed's cancer journey began in 2011 when he noticed blood in his urine. A visit to his doctor, followed by ultrasound and CT tests revealed two pre-cancerous growths in his bladder. The growths were removed and over the next three years, Ed underwent regular checkups which revealed no further issues to the bladder, much to his relief.

However, in March 2017 during one of Ed's follow up appointments, a CT scan showed growths on his liver, and a biopsy was performed. Unfortunately, the biopsy showed that the growths were cancerous.

After undergoing multiple tests, it was confirmed in June 2017 that he was suffering from Endocrine Cancer. Just over a month after this diagnosis, Ed met with Dr. Mussawar Iqbal at Regina's

Pasqua Hospital to establish a treatment plan, which included chemotherapy injections.

Ed continued receiving the chemotherapy shots until June 2021 when he was informed that the injections were no longer working as needed. Dr. Iqbal suggested another treatment, namely PRRT, which involves a targeted delivery of radioactive compounds directly to the cancerous cells. The treatment is done on an outpatient basis, has few side effects and has been shown to help most patients survive 6 years or more. Ed underwent a PET scan on July 13, 2021 and has now had two PRRT treatments in Saskatoon.

"I was thankful that there is another option to try during my treatment, despite having to travel for it. However, the less travel someone in my condition or worse has to do, the better." Ed says. "I'm looking forward to receiving the call that I can continue my treatment in Regina, and want to thank all the staff that have helped me along the way so far, as well. The entire medical team from top to bottom are simply amazing. The work that Hospitals of Regina Foundation does to help improve local health care is life changing and I can't thank you enough."

Multi-year campaign supports Major Surgical Upgrades



One of the Regina General Hospital operating rooms in full surgical lighting. Green lighting is used to provide adequate ambient light and increased blood contrast, reducing eye strain for the surgical team

Surgery is a crucial part of many traumatic injuries and Regina’s hospitals see an average of five serious trauma cases a day, typically requiring one or more surgeries. In 2021, Regina’s hospitals saw over 22,000 surgical patients, including 813 surgical intensive care patients. For these people, surgery is a life-saving procedure.

As part of Hospitals of Regina Foundation’s 2019 Surgical Campaign, Yara Belle Plaine generously matched \$500,000

in community donations to help the Foundation raise the \$3 million needed to update the surgical booms and lights in all twenty operating rooms at Regina General and Pasqua Hospitals.

The multi-year renovation began in 2021 and, to-date, several operating rooms at each hospital have the new surgical lights and surgical booms, which allow for safer use of medical gases such as anesthesia ones, oxygen, nitrogen and carbon dioxide. The new booms will also keep surgical monitors and audio-visual data equipment,

electrical power plugs, and other equipment conveniently located but also out of the way of the surgical teams, streamlining and centralizing surgical equipment to make surgery even safer and more efficient.

The Foundation’s Surgical Campaign also included investing in new AV equipment to allow for both the teaching of medical students, who can observe a surgery remotely from a classroom in either Regina or Saskatoon, as well as the opportunity to have surgeons from across the globe observe or

consult on challenging surgeries. This new technology is essential for the future of surgery, as well as the training of medical students.

During a recent tour of a completed suite, Registered Nurse and operating room manager, J-Mie Kong shared “We are eternally grateful for the support for this project. These upgrades and equipment will last the OR over 10 years; they’ll help us provide great care to surgical patients for many years to come. In addition, having what are essentially new operating rooms will help the hospitals attract and retain qualified medical professionals. Everyone wants to work in up-to-date facilities and investments like this demonstrate to surgeons and surgical staff that their work is valued. Knowing that we have the support of Hospitals of Regina Foundation really does make a difference. Thank you from all of us!”



OR Manager J-Mie Kong, explaining the importance of the upgraded technology

New GI Fluoroscopy System will improve Patient Outcomes



The medical team at Pasqua Hospital getting ready for a GI procedure using the old fluoroscopy system

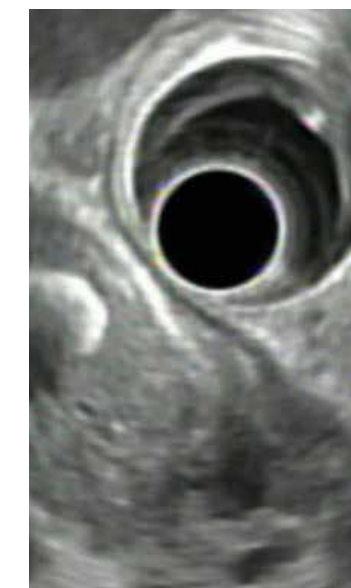
Our digestive system is central to our body’s ability to digest food, absorb nutrients and eliminate waste. Problems with this body system impact our overall health, can dramatically decrease our quality of life, and in some instances may even be fatal. Patients who have undiagnosed conditions or diseases affecting their digestive tract often need advanced testing so that doctors can better understand what is happening inside their bodies and recommend treatment.

Our Gastrointestinal (GI) Unit at Pasqua Hospital is the only one with a dedicated GI fluoroscopy system in the province. It is a special type of imaging system that uses X-ray technology to

allow our specialists to view the patient’s body in real time as it moves. This system has reached the end of its life and is beyond repair in the event of failure. To be sure that patients continue to receive the best care possible, the Foundation committed to invest \$1.7 million in a new GI fluoroscopy system and other technology for our GI Unit.

Fluoroscopy uses low-dose, continuous X-rays to capture moving pictures of internal organs, like the esophagus, stomach or intestine, in action. It allows the medical team to diagnose a number of conditions and complete therapeutic procedures for gallstones, intestinal obstructions, cysts and advanced bowel disease without major surgery. This minimizes risk, pain and length of hospital stays for our

patients. GI specialists use this technology to diagnose a number of serious diseases, including Celiac Disease, Crohn’s Disease and cancer. Additionally, Regina’s Pasqua Hospital is the only place in the province where a specialized procedure called a double balloon enteroscopy can be performed. It allows a specialist to see less accessible areas in the small bowel in order to diagnose and treat a variety of conditions including vascular lesions and tumors without invasive surgery. Thousands



An example of an internal body image taken using an endoscopic ultrasound radial scope

of people from across the province are referred here each year, and the GI Unit uses the dedicated fluoroscopy system

to help an average of 5 patients every day.

Recently, Gravelbourg resident Ron Gall was taken by ambulance to the hospital in Moose Jaw where they thought he was suffering a gall bladder attack. It was determined he ultimately needed to be seen by a gastrointestinal specialist and he was transferred by ambulance to our GI Unit at Pasqua Hospital. Our doctors used the current fluoroscopy system to look inside Ron’s gall bladder and, due to the number of gall stones and other blockages, the decision was made to remove it surgically. “The quality of care was incredible. I was treated professionally and with dignity throughout the experience, which I certainly appreciated,” says Ron.

Our GI Unit sees about 14,000 patients each year and performs more than 12,000 procedures annually. These statistics and Ron’s story illustrate why it is so important to invest in the priority needs of our hospitals. The new GI fluoroscopy system will help our medical teams continue providing outstanding health care to our southern Saskatchewan community and to people from across our province.

Celebrating our Community's Giving Spirit

Despite the challenges of the COVID-19 pandemic in 2021 and the ensuing restrictions, the giving spirit of individuals, organizations and businesses that support Hospitals of Regina Foundation remained undiminished. Notwithstanding the uncertainty of pandemic guidelines, caring and generous event organizers planned and hosted excellent events during what turned out to be a challenging year.

The High Noon Optimist Club has been supporting our NICU since 1989! Although their annual January Magic Show was cancelled in 2021, the Club still donated \$10,000 to help us save babies' lives. Their longstanding

support and most recent donation continues to help our tiniest patients.

On March 17th, the 34th annual Z99 Radiothon took place, in studio for the second year in a row. This was also the last year to feature founding hosts C.C. and Lorie, who both retired from radio after decades at Rawlco Radio. Their final Radiothon raised \$416,938, adding to their lifetime total of over \$10 million for fragile babies needing our NICU.

With the usual March in-person event cancelled due to the pandemic, the An Evening in Greece committee hosted an online 50/50 lottery from March 19th to April 14th in support of Hospitals of Regina Foundation. Thanks to the hard work of this tireless group, and the support of Regina's entire Greek community,

the online 50/50 raised \$7,325 for our foundation.

July was a busy month for our event organizers. The long running Motorcycle Ride for the Boys raised over \$9,500 in support of our Prostate Assessment Centre at Pasqua Hospital, in early July. Also in July, the Eric Calibaba Memorial Golf Tournament raised over \$9,000 and the annual Chick-a-Dee Golf Tournament raised over \$4,500, both in support of our NICU, in the Rawlco Centre for Mother Baby Care at Regina General Hospital.

On September 1st, the GMS Queen City Marathon returned to the streets of Regina raising donations for many Saskatchewan charities, including over \$1,700 in support of the Foundation.

December was another busy month, with the Long & McQuade Music Therapy Fundraising Drive raising \$500 for the music therapy program at Wascana Rehabilitation Centre. Furthermore, local Regina grocery store FreshCo., at Queen & Sherwood, and McDonalds Restaurants in Regina and Weyburn held Donation at the Till campaigns raising \$2,500 and \$29,000 respectively to support our \$1.5 million campaign to create a Children's Cancer Clinic at Regina General Hospital. Finally, local business Mabel & Martha's Vintage Style Décor held a Pay It Forward Campaign, raising \$1,200 for our hospitals' highest priorities.

We are thankful to everyone who, despite the pandemic, held events in support of our Foundation in 2021.



Virtual Four Seasons Ball

What do you do when a global pandemic threatens to cancel Regina's premier event for the second year in a row? You go "Virtual" of course. The 2021 Virtual Four Seasons Ball was an amazing event, thanks to our event sponsors, partners and our supportive community.

The Virtual Four Seasons Ball, hosted by CTV Regina's J.C. Garden, was a great one-hour show with local Saskatchewan musical talents Jack Semple, Megan Nash and Val Hala. Viewers also enjoyed the talented dance performances by Dance City's dancers and the baton twirling excellence of the Sundown Optimists Buffalo Gals. These wonderful performances were complimented by special on-line messages from our Lieutenant Governor, His Honour, Russ Mirasty, and celebrities Brent Butt and Jann Arden.

Thanks to generous community support for the Virtual Four Seasons Ball, along with an on-line auction and 50/50, the event raised a tremendous \$243,000 in support of local children's health care.

PROUDLY PRESENTED BY



Home Lotteries

Fund Crucial Investments in our Hospitals



DURING THE LAST 35 WONDERFUL YEARS, THE HOSPITALS OF REGINA FOUNDATION HOME LOTTERY PROGRAM HAS RAISED OVER \$60 MILLION FOR REGINA'S THREE HOSPITALS, ALLOWING US TO MAKE SIGNIFICANT INVESTMENTS IN THE HEALTH AND WELLBEING OF THE PEOPLE OF SOUTHERN SASKATCHEWAN. PROCEEDS FROM 2021 LOTTERY PROGRAMS SUPPORTED PEDIATRICS AS WELL AS CRITICAL PRIORITIES IN OUR THREE HOSPITALS.



2021 Spring Grand Prize Showhome



2021 Fall Early Bird Cottage



Fall 50/50 Add-On winners, Ken and Brenda Hahn along with Dino Sophocleous, President and CEO of Hospitals of Regina Foundation

Funds raised by our lotteries stay in southern Saskatchewan to support investments in our local health care.

The Foundation is pleased to announce the top prize winners of our 2021 Spring Home Lottery. Eunice Schneider of Regina won the Ripplinger built \$1.4 Million Grand Prize Showhome plus \$30,000 CASH! Our Early Bird winner, Robert Randall of Regina got to choose between the 2021 Mercedes-Benz e53 Coupe or \$100,000 CASH! Ken & Brenda Hahn of Regina took home a whopping \$575,712.50 in yet another record breaking 50/50 Add-On. Once again, our largest ever.

Dale Scott from Regina, was the winner of our 2021 Fall Home Lottery \$1.2 Million Grand Prize Showhome and \$30,000 CASH.

Also winning big were Andrea Hubenig of Coleville, who won the Early Bird \$700,000 Lakefront Cottage plus \$5,000 CASH, and Russell & Lynda Peterson, winners of \$576,825 CASH from the lottery's 50/50 Add-On, surpassing even our previous record-breaking total.

Congratulations to all our winners and a huge thank-you to our amazing community for supporting our lotteries since 1987.



Spring Grand Prize Showhome winner Eunice Schneider and husband Wayne accept the key to their new home from Dino Sophocleous, President and CEO of Hospitals of Regina Foundation



Fall Cottage winner Andrea Hubenig accepting the key to her new cottage



Spring 50/50 winners, Russell and Lynda Peterson

Hospitals of Regina Foundation Inc.

Summary Statement of Financial Position

As at December 31, 2021 with comparative information for December 31, 2020

	2021	2020
Current assets		
Cash	\$ 1,158,450	\$ 635,597
Short-term investments	31,081,107	25,566,106
Pledges and planned gifts receivable	3,260,279	2,257,886
Other	773,493	889,812
	36,273,329	29,349,401
Investments	24,707,939	23,092,289
Tangible capital assets	263,010	186,641
	\$ 61,244,278	\$ 52,628,331
Liabilities and deferred contributions		
Accounts payable	\$ 888,694	\$ 738,770
Deferred pledges and planned gifts	3,260,279	2,257,886
	4,148,973	2,996,656
Net assets		
Invested in tangible capital assets	263,010	186,641
Operating reserve	2,000,000	2,000,000
Designated funds	45,179,813	38,483,237
Endowment and special purpose funds	9,652,482	8,961,797
	57,095,305	49,631,675
	\$ 61,244,278	\$ 52,628,331

Hospitals of Regina Foundation Inc.

Summary Statement of Operations and Changes in Net Assets

For the year ended December 31, 2021 with comparative information for the year ended December 31, 2020

	2021	2020
Revenue		
Charitable giving	\$ 5,378,013	\$ 4,069,074
Charitable gaming	5,027,320	4,178,438
Investment income	1,552,875	2,571,103
	11,958,208	10,818,615
Expenses		
Fundraising, administration and communications	1,852,653	1,681,058
Excess of revenue over expenses	10,105,555	9,137,557
Net assets, beginning of year	49,631,675	42,803,370
Distributions	(2,641,925)	(2,309,252)
Net assets, end of year	\$ 57,095,305	\$ 49,631,675

These summarized financial statements of Hospitals of Regina Foundation Inc. are derived from the complete financial statements as at and for the year ended December 31, 2021, prepared in accordance with Canadian Accounting Standards for Not-for-Profit Entities.

The complete audited financial statements of Hospitals of Regina Foundation Inc. are available at <https://www.hrf.sk.ca/News-Media/Annual-Reports>



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SaskPower



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Assistant Professor of Clinical Radiology
University of Saskatchewan



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Dr. Andrea Lavoie, BSc, MD, FRCPC
Assistant Professor and Division Head
Cardiology - Regina



Shelley Lipon
Global CSR Executive Lead
SNOMED International



Tom Newton
Vice President and General Manager
Rawlco Radio



Blaine Pho
Managing Director
TD Asset Management



Tafaline Wall
Senior Private Banker
BMO Private Wealth

COMMITTEE MEMBERS OF THE BOARD

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Katrine White

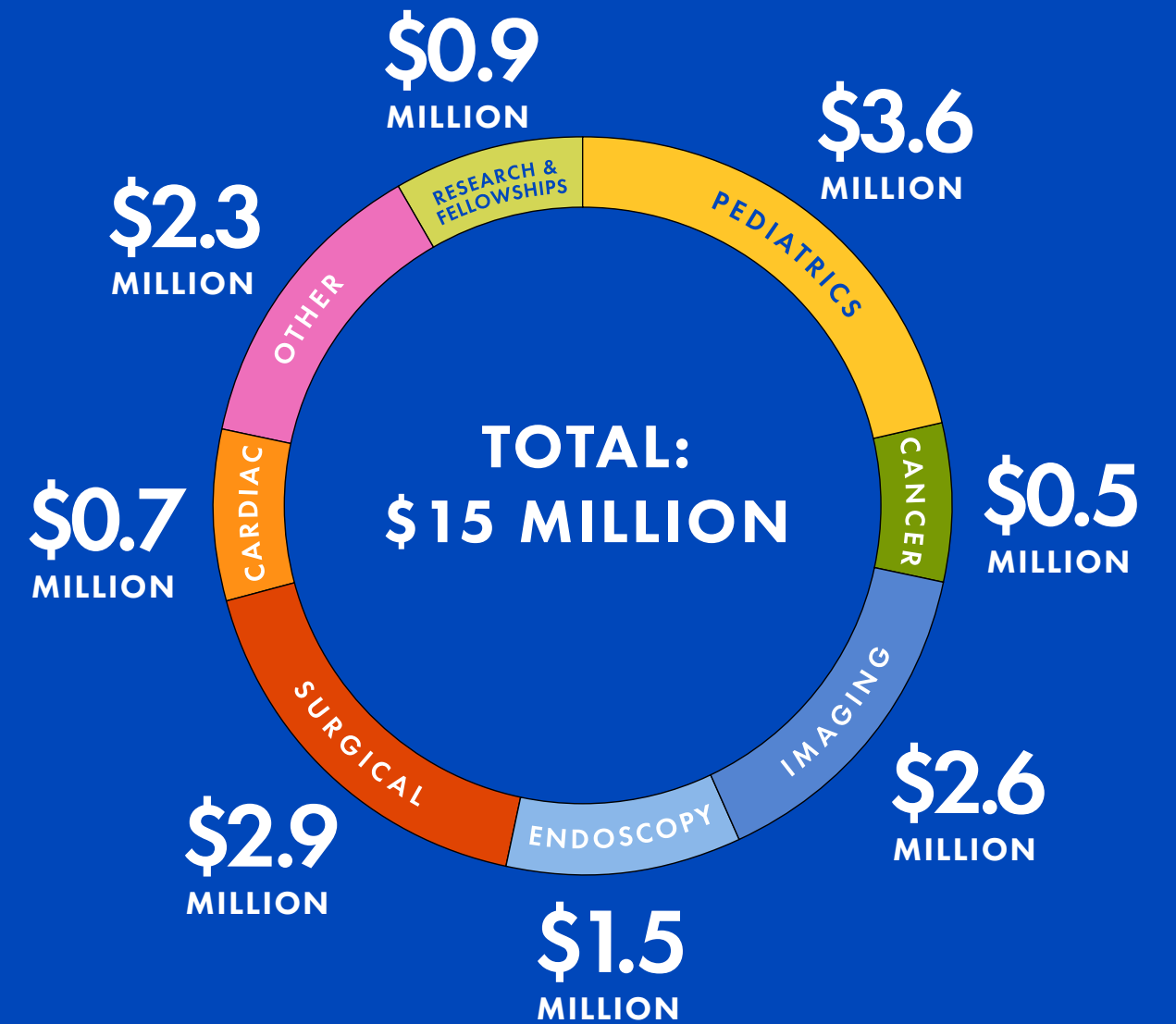
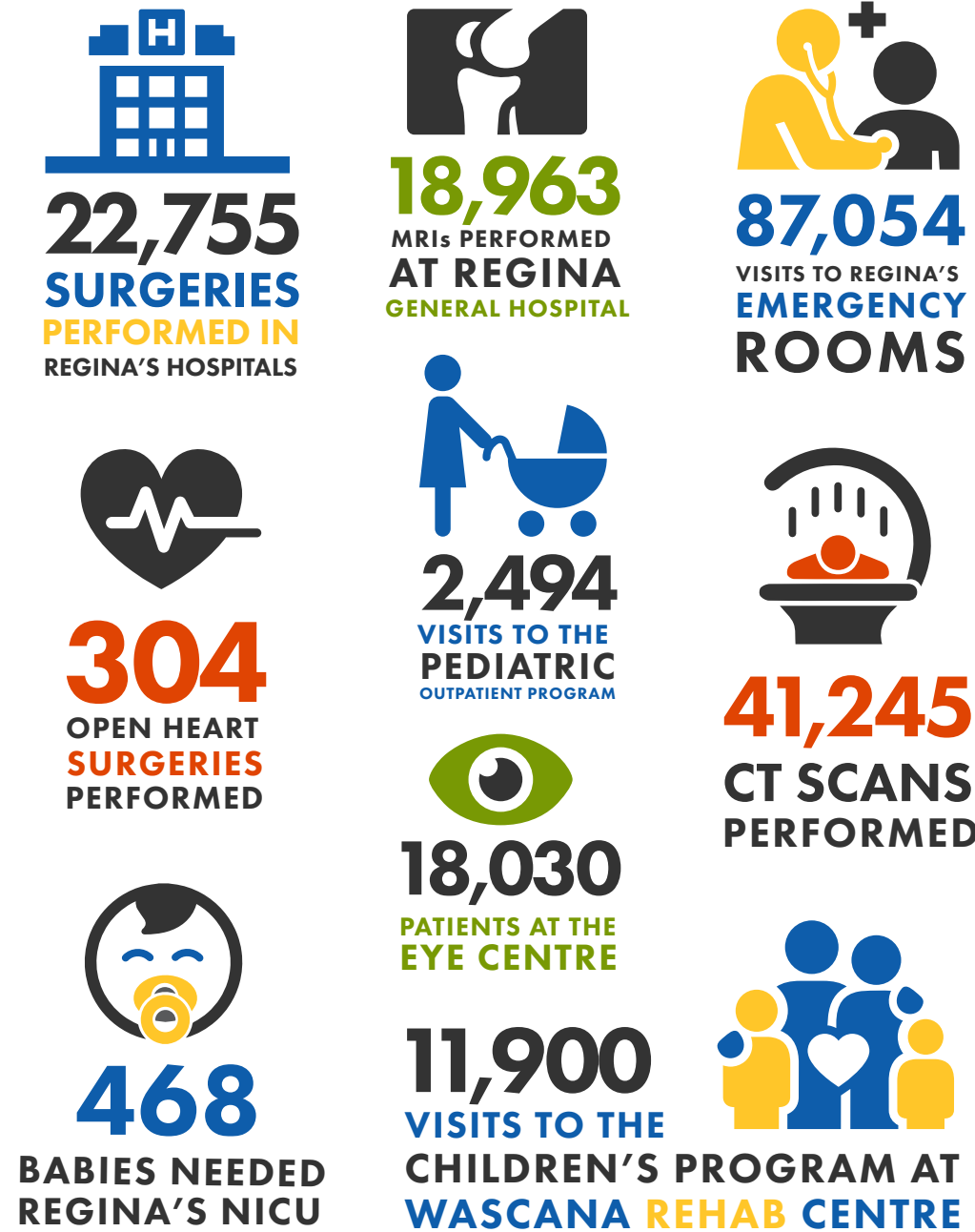
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Rachelle Verret Morphy

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- Jordan Hardy
- Rachelle Verret Morphy
- Tafaline Wall

Audit and Finance Committee:

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- Shelley Lipon
- Tom Newton
- Blaine Pho





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